

2026-2028 Program Roadmap

A two-year progression from research foundations and career exploration to professional readiness and applied experience.

YEAR I		Research, Exploration & Skill Development		YEAR II		Professional Readiness & Applied Experience	
August		Orientation & Capstone Introduction	Program expectations, cohort connection, and introduction to the research capstone.	September		Graduate & Professional Application Navigation	Understanding and preparing for health-professions and graduate-school applications.
September		Establish Research Foundations	Research concepts, topic exploration, and literature review.	October		Pre-Health Day	Exploration of health professions, programs, and pathways.
October		Build Core Research Skills	Developing research questions and hypotheses.	November		Anesthesiology Clinical Observation	Clinical observation and exposure to anesthesiology practice and the healthcare team.
November		Introduce the Research Process	Study design and methodology planning.	February		Application Readiness Workshops	Personal statements, letters of recommendation, and resume/CV development.
February		Research & Simulation in Anesthesiology	Applied research and clinical simulation exposure.	April		Interview & Professional Preparation	Mock interviews, student perspectives, and professional development.
April		Research Communication & Summer Preparation	Service-learning preparation, data visualization, proposal development, and summer readiness.	June-July		Paid Summer Internship	Exploratory didactic learning, clinical observation, and/or research experience.
June		Summer Intensive	Wilderness first aid, career exploration, service learning, and research proposal presentation.	July		UPP Program Completion & Closing	Summer experience presentation, reflection, and formal completion of the two-year UPP experience.

Program themes and timing are intended as a public overview and may be adjusted as opportunities, speakers, and experiential learning activities are finalized.