

University of Colorado Anschutz Medical Campus

COVID-19 GUIDE

MY SITUATION:

I'VE BEEN IN CLOSE CONTACT WITH SOMEONE EXHIBITING COVID-19-LIKE SYMPTOMS



WHAT SHOULD I DO?

- No need to quarantine unless individual with whom you made contact tests positive for COVID-19
- If that individual receives positive test result, Contact Tracing Team will notify you to [self-report](#) and quarantine
- Unless notified otherwise, may visit campus

I'VE BEEN IN CLOSE CONTACT WITH SOMEONE WHO HAS A CONFIRMED CASE OF COVID-19



WHAT SHOULD I DO?

- [Self-report](#)
- Quarantine for 14 days from date of last contact with COVID-19-positive individual
- Await further instruction from Contact Tracing Team

I'M EXHIBITING COVID-19-LIKE SYMPTOMS



WHAT SHOULD I DO?

- [Self-report](#)
- Isolate for 10 days from first day of COVID-19-like symptoms
- Await further instruction from Contact Tracing Team

I'VE RECEIVED A POSITIVE COVID-19 TEST RESULT



WHAT SHOULD I DO?

- [Self-report](#)
- Isolate for 10 days from date of positive COVID-19 test
- Await further instruction from Contact Tracing Team and/or Tri-County Health Department

Scan here for self-report form:



ALL TERTIARY CONTACT (E.G. FRIEND OF A FRIEND):



- No need to isolate or quarantine
- May visit campus, but must practice physical distancing and wear a mask
- Watch for symptoms
- If fever or other symptoms develops, [self-report](#) and contact healthcare provider

DEFINITIONS

- **Quarantine:** A 14-day period, beginning on the date of exposure to someone with COVID-19, during which an individual stays home in order to monitor for potential development of COVID-19-like symptoms and to prevent potential transmission of the virus.
- **Isolation:** A 10-day period, beginning at the onset of COVID-19-like symptoms, during which a symptomatic individual stays home and away from others to prevent transmission of the virus; For individuals who have not developed symptoms but who receive a positive COVID-19 test result, this 10-day period begins on the date of the individual's positive test.
- **Close Contact:** Exposure to a COVID-19-confirmed individual within 6 feet for 15 minutes or more (regardless of mask use) within the following periods of time: 48 hours before onset of the individual's illness or since the onset of the individual's symptoms, or 48 hours before or after the occurrence of a positive nasal swab test in an asymptomatic case.

