CU Peer Coach Job Description

**Department:** Student Health Promotion

**Supervisor:** Craig Wimmer, Director of Student Health Promotion

**Job Title:** CU Peer Coach

**Job Location:** CU Anschutz Medical Campus, Student Services Suite located on the 3rd floor of Education 2

**Position Purpose:** To provide peer support to students looking to implement a change or improvement to their life. Trained coaches will provide guided conversations to identify priorities and assist students in accessing supports and resources to meet goals around personal wellbeing and academic success. As peers, coaches provide a unique perspective and identity that fellow students can relate to and may feel more comfortable in accessing support. Through training, coaches will be able to guide students to appropriate campus resources and work to remove barriers and stigmas to access support services.

**Job Description:** After successfully completing training, Peer Coaches will provide individual coaching appointments for CU Anschutz students. Peer Coaches will facilitate guided conversations to help students identify wellness goals and create a personalized plan to meet those goals. Peer coaches provide a role of peer support to students looking for motivation and resources to improve personal wellbeing and academic achievements. Coaches will meet with students one-on-one for coaching sessions to create a personalized wellness plan and goals for each student. Coaches will meet with their clients up to three times a term to assist in the progression of student goals. Student Peer Coaching topic examples may include: Motivational Interviewing, Wellness Planning, Solution Sessions/Wellness Contract development (topics such as sleep, nutrition, finances, time management.)

Peer Coach will:

- Complete a 12-hour training upon hiring.
- Hold 4 hours for appointments per week
- Provide appointment follow up and documentation completed weekly
- Meet as a team bi-weekly for 1 hour
- Meet with supervisor for 30 minutes bi-weekly
- Assist in promotion and recruitment of the CU Peer Coaching Program

Peer Coach will work a maximum of 5 hours per week. Hours will be flexible and based on peer client and coach schedules. Hours will include training, preparation, coaching, meetings with supervisor and completing evaluation/documentation.
Eligibility Requirements:

- Be in good academic and conduct standing
- Have been a student at Anschutz for at least one semester
- Strong Communication Skills (active listening, reading, writing, time management, organizational skills).
- Must enjoy working with and helping peers.
- Ability to provide information/resources specific to CU Anschutz Campus (training will be provided).

Length of Employment:

Peer Coaches are hired and employed on a semester basis. Current coaches must re-apply if interested in continuing in their role the following term.

Remarks:

Benefits include:

- Opportunity to assist peers on their path to success
- Paid Experience
- Gain tangible leadership experience
- Grow individually by helping others do the same

Pay Range: $16.00 per hour (Student Assistant IV)

Application Process:

Provide a resume to craig.wimmer@cuanschutz.edu

Complete the Peer Coaching Application

https://ucdenverdata.formstack.com/forms/fall_2020_peer_coach_application

Select candidates will be invited for an interview