Welcome

• Welcome
• Committee Overview
• Leadership Roles & Getting Involved
• Committee Projects
• Future Meetings
• Name
• Pronouns
• Program
• If you could have a super power, what would you pick?
Mission Statement: Engaging a community of learners to create and foster a culture of lifelong well-being.

Vision: An innovative campus community recognized for promoting wellness in our personal and professional lives.

• To serve as an entity for health promotion information and promotion of well-being-related events and activities accessible to the student population on campus.

• To promote the growth of a healthy culture and development of healthy habits by engaging students in health promotion activities on campus.

• To serve the university by providing health promotion information, programs and resources for students.

• To foster the continued interest in the university becoming an innovator in promoting health and wellness in the personal and professional lives of our students.
**SHPC OVERVIEW**

**Structure and Leadership Roles:**

**Co-Chairs**
- Co-facilitate meetings, work directly with advisor, provide leadership to group projects

**Treasurer**
- Oversee and present budget, record keeping, work with advisor and business service manager

**Communications Chair**
- Lead subcommittee for marketing, branding, communications, and initiatives, manage social media
Leadership Role Election Process:
If interested in joining the leadership team
• Notify Jordan, Rachel, and Craig by Friday, Sept. 17
• Prepare short speech for next week including an introduction and outlining your interest in the specific position
• Elections will occur at our next meeting, Monday, Sept. 27, 7:00pm
• Reach out if you have any questions
General Membership:

• Attend bi-weekly meetings
• Participate in program planning, sub-committees
• Volunteer to help with tabling, marketing, and at events
PROJECTS

Past Projects:
- Social sip and paint night
- Speed Friending
- Stress-fest
- Hosting Lunch & Learns

Budget: $7,000

Ideas for this year:
- Student messaging around COVID
- Yoga or fitness event
- Cooking
- Mental Health
NEXT MEETING

• Meetings will occur every other Monday
• Remain on Zoom
  • Hope to hold some social event(s) for the committee
• Next meeting Sept. 27, 7:00pm
• Elections
• Begin Project Planning for Fall 2021
Any Questions?

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