

### Statement of the Problem

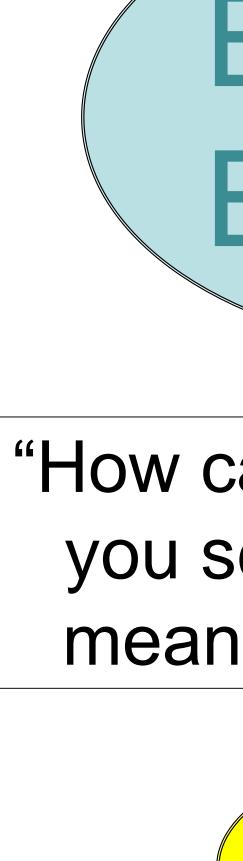
The primary focus in treating serious illness is medical management. Early palliative care integration has been found to improve quality of life for both patient and family. In the palliative care setting, visual art has been shown as an effective means of expression, to help individuals gain capacity and feelings of self-worth during times of helplessness.

### Background

A literature review documented increasing evidence about the benefits of visual arts' therapies in decreasing symptom burden, improving quality of life, and providing support to healthcare providers.

### Purpose and Objectives

To increase awareness about the experience of those suffering with serious illness. To educate others about the role visual art can play to evoke emotion and empathy in the palliative care setting.





## Serious Illness as Seen through Visual Art in the Palliative Care Setting

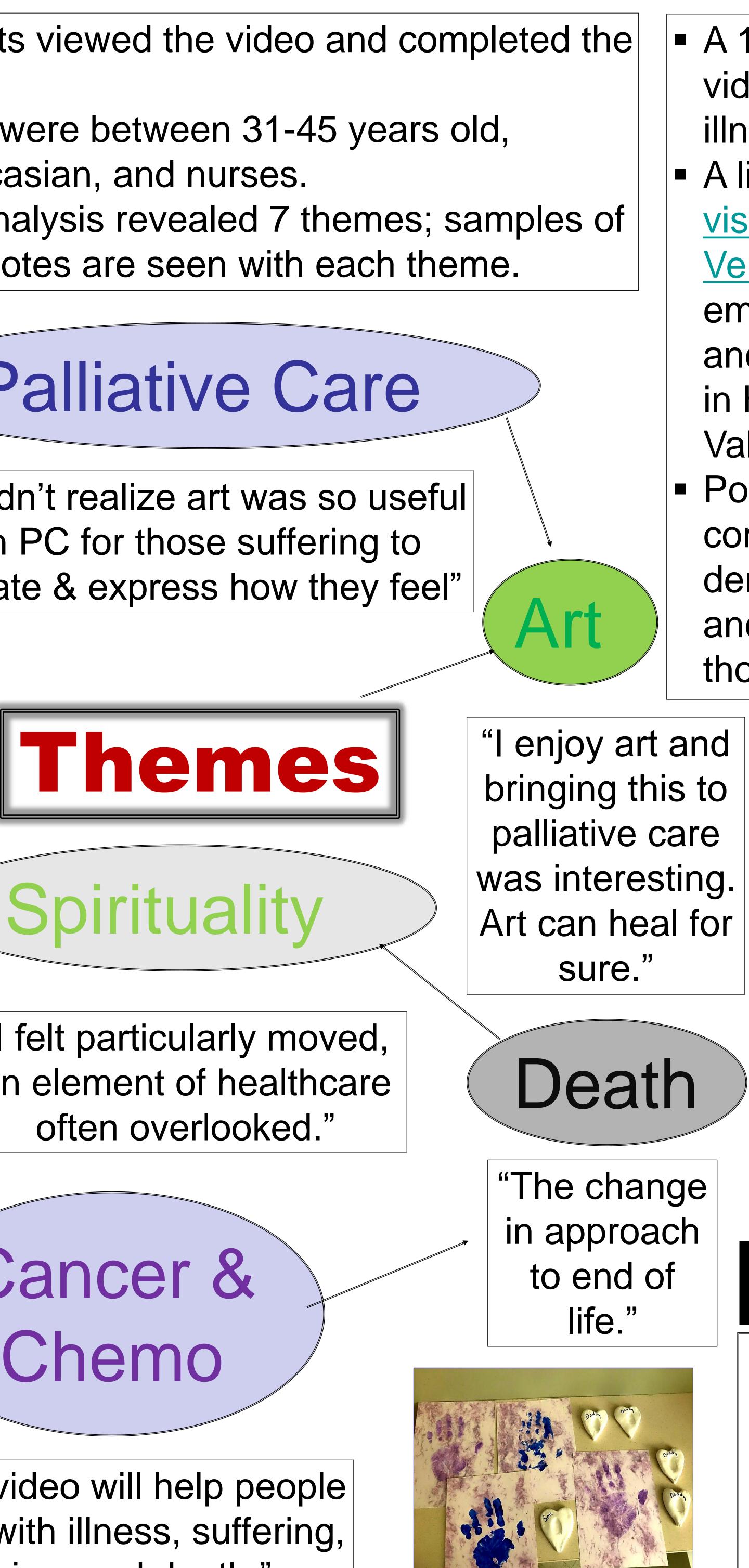
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## Findings

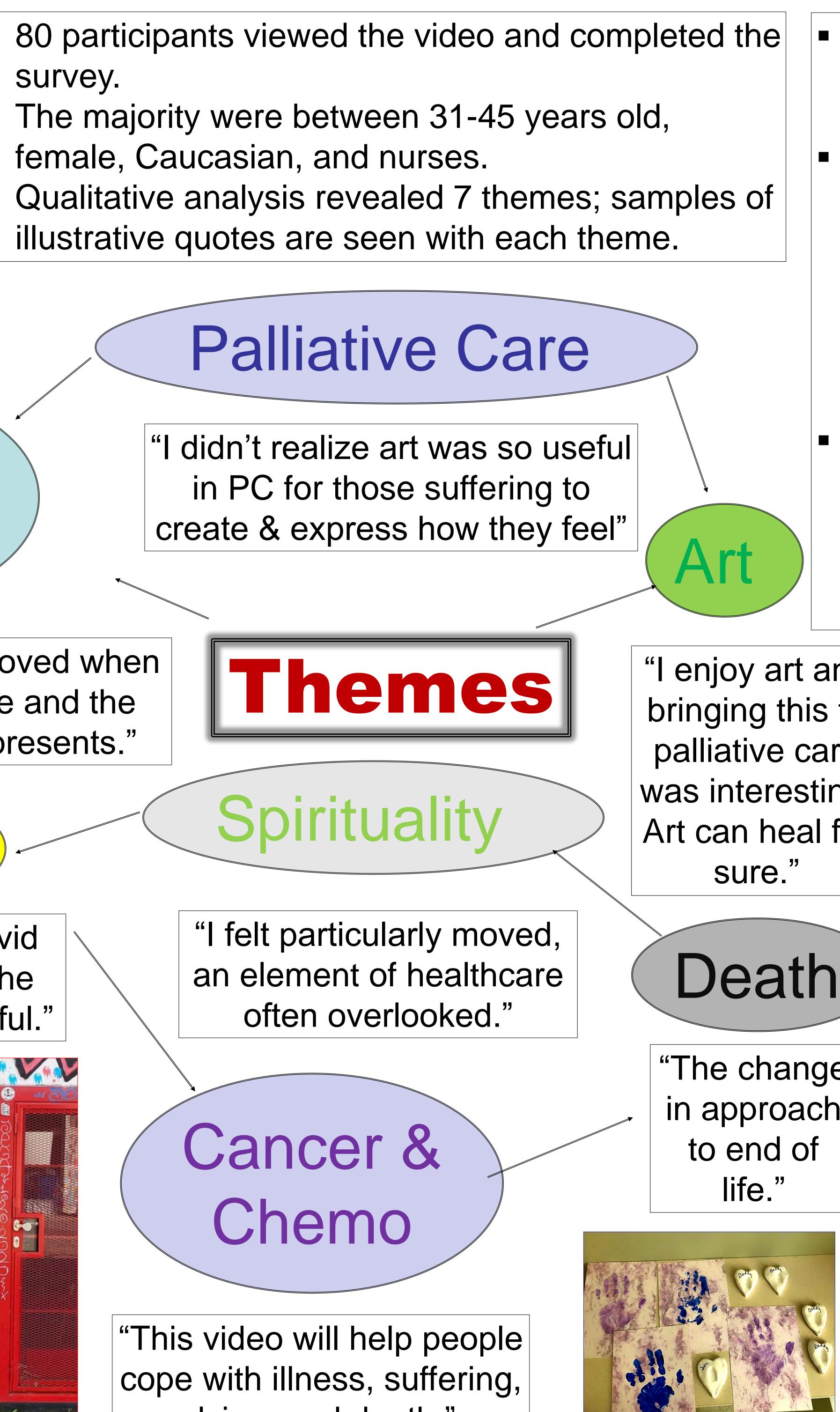
- survey.
- female, Caucasian, and nurses.

# Evoking Emotion

"How can you not be moved when you see art of this type and the meaning of what it represents."



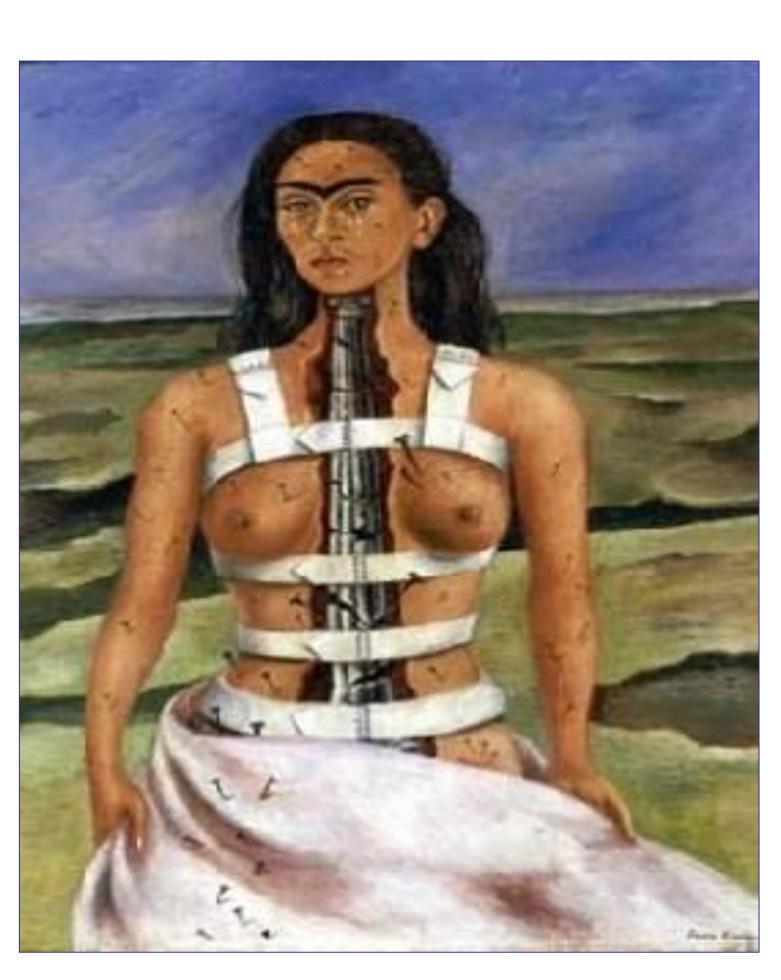
"The section on Covid because I work in the



dying, and death."

## Methods

- A 10-minute narrated video about serious illness was developed. A link Serious Illness visual art PP Final Version.pptx was emailed to nurses and ancillary staff employed in HonorHealth Deer Valley Medical Center. Post video, participants completed a demographic survey and four open-ended
- thought questions.





### www.cuanschutz.edu/MSPC

### Implications

Using visual arts in the PC setting has shown to heighten awareness adding a different perspective in understanding serious illness. It is impactful in evoking an emotional response for a more empathetic feeling towards those who are suffering.

### Limitations

- Technological challenges with video and sound
- Material misinterpretation. Some were focused on pictures and not the narration

### Acknowledgements/References

### Mentor: Amos Bailey, MD, FACP, FAAHPM

1. Lefèvre, C., Ledoux, M., & Filbet, M. (2016). Art therapy among palliative cancer patients: Aesthetic dimensions and impacts on symptoms. *Palliative & supportive care, 14*(4), 376-380.doi:10.1017/S1478951515001017. 2. National Consensus Project for Quality Palliative Care. Clinical practice guidelines for quality palliative care, 4<sup>th</sup> edition. Richmond, VA: National Coalition for Hospice and Palliative Care; 2018. https://www.nationalcoalitionhpc.org/ncp.