

University of Colorado School of Medicine

Curriculum Vitae

Beau A. Carubia, MD

1. Biographical

- Assistant Professor at the University of Colorado School of Medicine, Department of Psychiatry
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2. Education

- University of Iowa; Iowa City, IA
 - i. 2000 – 2004
 - ii. B.S. (2004)
 - iii. Exercise Science Major and Psychology Minor
- University of Colorado School of Medicine; Denver, CO
 - i. 2004 – 2008
 - ii. M.D. (2008)
- University of Colorado School of Medicine; Denver, CO
 - i. 2008 – 2011
 - ii. General Psychiatry Residency Certificate (2011)
- University of Colorado School of Medicine; Denver, CO
 - i. 2011 – 2013
 - ii. Child and Adolescent Psychiatry Fellowship Certificate (2013)

3. Academic Appointments

- Assistant Professor, University of Colorado School of Medicine
 - i. Department of Psychiatry
 - ii. 7/2016 – current
- Senior Instructor, University of Colorado School of Medicine
 - i. Department of Psychiatry
 - ii. 7/2013 – 6/2016

4. Hospital, government or other professional positions

- Active Intermittent Staff
 - i. 7/2010 – 7/2012
 - ii. Moonlighter, Psychiatric Emergency Services
 - iii. Denver Health Medical Center, Denver, CO
- Chief Resident for CHCO CAP Fellowship
 - i. 7/2012 – 6/2013
 - ii. Child and Adolescent Psychiatry Fellowship, Department of Psychiatry, University of Colorado School of Medicine, Denver CO
- Medical Director
 - i. 10/2013 – 7/2018
 - ii. Psychiatric Consultation and Liasion Service
 - iii. Children's Hospital Colorado, Department of Psychiatry, Aurora CO
- Site Coordinator of Medical Student Education
 - i. 7/2014-7//2016

- ii. Children's Hospital Colorado, Department of Psychiatry, University of Colorado School of Medicine, Denver, CO
- Associate Program Director for the Child and Adolescent Psychiatry Fellowship Program
 - i. 7/2014 – current
 - ii. Child and Adolescent Psychiatry Fellowship, Department of Psychiatry, University of Colorado School of Medicine, Denver CO
- Medical Director
 - i. 8/2018 – current
 - ii. Pediatric Mental Health Institute Consultative Division
 - iii. Children's Hospital Colorado, Department of Psychiatry, Aurora CO

5. Honors and Awards

- Junior Faculty Research Poster Winner, University of Colorado Department of Psychiatry Poster Show – 2011
- Good Samaritan Award, Child and Adolescent Psychiatry Residency Program, Department of Psychiatry, University of Colorado School of Medicine – 2014
- Child and Adolescent Psychiatry Residency Award for Outstanding Service, Department of Psychiatry, University of Colorado School of Medicine – 2015
- 5280 Magazine; Denver's Top Docs for Child and Adolescent Psychiatry- 2015, 2016, 2017, 2018, 2019
- Provider of the Month; Children's Hospital Colorado – Aug 2016

6. Membership in Professional Organizations

- American Medical Association; 2004 – 2008
- American Academy of Child and Adolescent Psychiatry; 2012 – present
- Colorado Child and Adolescent Psychiatric Society; 2012 – present
 - i. Executive Committee member; 2012 – present
- American Psychiatric Association; 2008 – 2011
- American Association of Directors of Psychiatric Residency Training; 2017 –2018

7. Major Committee and Service Responsibilities

National

1. Emergency Psychiatry Committee. Committee Member, American Academy of Child and Adolescent Psychiatry, 2019 – present

State

1. Colorado Child and Adolescent Psychiatric Society. Executive Committee Member,
 - i. Chief Resident Member; 2012 –2013
 - ii. Junior Councilor; 2014 –2015
 - iii. Senior Councilor; 2015 –2016
 - iv. American Academy of Pediatrics Liaison; 2018 – present
2. American Academy of Pediatrics Colorado Legislative Policy Committee. Colorado Child and Adolescent Psychiatry Society AAP Liaison, 2018 – present
3. Certified Expert Witness in General and Child and Adolescent Psychiatry in Denver Arapahoe, and Douglas Counties, 2009 – present

University

1. Program Evaluation Committee. Committee Member, Child and Adolescent Psychiatry Training Program, Department of Psychiatry, University of Colorado School of Medicine, 2012– present
2. Call Committee. Co-Chair. Child and Adolescent Psychiatry Training Program,

- Department of Psychiatry, Univeristy of Colorado School of Mediicne, 2012– present
3. Recruitment Committee. Committee Member, Child and Adolescent Psychiatry Training Program, Department of Psychiatry, Univeristy of Colorado School of Mediicne, 2012– present
 4. Clinical Competency Committee. Committee Member, Child and Adolescent Psychiatry Training Program, Department of Psychiatry, Univeristy of Colorado School of Mediicne, 2012– present
 5. Grand Rounds Judge, Evaluate and give feedback on trainee grand rounds presentation. 2015-2016

Hospital

- i. Completed Service
 1. BART Sub-Committee. Co-Chair, Children’s Hospital Colorado, 2013-2018
 2. Operations Management Group. Co-Chair, Children’s Hospital Colorado, 2015 – 2018
 3. Faculty Resilience Council. Committee Member, Children’s Hospital Colorado, 2015 – 2018
 4. Handoff Steering Committee. Committee Member, Children’s Hospital Colorado, 2015 – 2017
 5. Mental Health Risk Reducation Task Force. Task Force and Committee Member, Children’s Hospital Colorado, 2015 – 2018
 6. M1 Holds Mapping Meetings. Participant, Compliance at Children’s Hospital Colorado, 2016
 7. CMS Restraints Task Force. Group Member, Children’s Hospital Colorado, 2017
 8. Tactical Planning for Pediatric Mental Health Institute. PHMI Team Member Co-Pillar Lead, 2018 – 2019
- ii. Ongoing Service
 9. BART Sub-Committee. Co-Chair, Children’s Hospital Colorado, 2013-2018
 10. Operations Management Group. Co-Chair, Children’s Hospital Colorado, 2015 – 2018
 11. Faculty Resilience Council. Committee Member, Children’s Hospital Colorado, 2015 – 2018
 12. Handoff Steering Committee. Committee Member, Children’s Hospital Colorado, 2015 – 2017
 13. Mental Health Risk Reducation Task Force. Task Force and Committee Member, Children’s Hospital Colorado, 2015 – 2018
 14. M1 Holds Mapping Meetings. Participant, Compliance at Children’s Hospital Colorado, 2016
 15. Tactical Planning for Pediatric Mental Health Institute. PHMI Team Member Co-Pillar Lead, 2018 – 2019
 16. Restraint Oversight Committee. Committee Member, Children’s Hospital Colorado, 2013 – present
 17. SAFTeam Committee. Committee Member, Children’s Hospital Colorado, 2013 – present
 18. Practioner Review Team. Committee Member and PMHI Faculty Representative, Children’s Hospital Colorado, 2013 – present
 19. Ethics Committee. Committee Member and PMHI Faculty Respresentative, Children’s Hospital Colorado, 2015 – present
 20. Inpatient Quality Council. Ad-Hoc Committee Member, Children’s Hospital Colorado, 2015 – present
 21. Inpatient Leadership Committee. Ad-Hoc Committee Member, Children’s Hospital Colorado, 2015 – present

22. Patient Safety and Reliability Committee. Committee Member and PMHI Faculty Representative, Children's Hospital Colorado, 2015 – present
23. EPIC IP Governance Committee. Ad Hoc Committee Member, Children's Hospital Colorado, 2016 –present
24. Mental Health Safety Committee. Committee Member. Children's Hospital Colorado, 2018 –present
25. PMHI Leadership Policy Workgroup. Team Member. Children's Hospital Colorado, 2018 – present
26. Patient Flow Governance. Committee Member. Children's Hospital Colorado, 2018 – present
27. Inpatient Medical Leadership Team. Team Member and PMHI Faculty Representative, Children's Hospital Colorado, 2018 – present
28. PMHI Operation's Leadership Team. Consultative Division Representative, Children's Hospital Colorado, 2018 – present
29. PMHI Strategy Leadership Team. Medical Director Representative, Children's Hospital Colorado, 2018 – present
30. Tactical Planning for Pediatric Mental Health Institute. Consultative Division Pillar Lead, Children's Hospital Colorado, 2018 – present.
31. BART Committee. Committee Member, Children's Hospital Colorado, 2019 –present

8. Licensure and Board Certification

- State of Colorado Medical License: DR.0049549; Expires 4/30/2021
- Controlled Substance Registration Certificate (DEA number): FC2393281; Expires 8/31/2022
- American Board of Psychiatry and Neurology, Psychiatry Diplomate
- American Board of Psychiatry and Neurology, Child and Adolescent Psychiatry Diplomate

9. Review and referee work

- Journal of the American Academy of Child and Adolescent Psychiatry; Ad-hoc Reviewer; 1/2020

10. Invited extramural lectures, presentations and visiting professorships

National

- **Carubia, B.** Strengthening Alliances With Families Team (SAFTeam). Presented at the Simon Wile Symposium, American Academy of Child and Adolescent Psychiatry 65th Annual Meeting, Seattle, WA, October 22-27, 2018

Regional

- **Carubia, B.** Pediatric Psychiatry ECHO- Suicide and Self Harm. Presented via ECHO Colorado Teleconference. American Academy of Pediatrics, Denver, CO. Provided didactic education and hosted Q&A via teleconference education platform for statewide PCP participants on following dates: 11/14/2018, 2/20/2019, 7/9/2019, 11/6/2019. Approximately 20-25 attendees at each session.
- **Carubia, B.** Behavioral Health Learning Module for Medical Providers. Presented at Children's Hospital Colorado Colorado Springs. Colorado Springs, CO, 5/10/2019.

Local

- Kight S, **Carubia B.** Psychiatric Emergencies and De-escalation. Presented at the 2014 Escalation of Care Conference, Children's Hospital Colorado, Aurora, CO, 2014.

- **Carubia B.** Strengthening Alliances with Families. Schwartz Center Rounds, Children's Hospital Colorado. Invited to and participated as a panelist discussion. 1/29/2014.
- **Carubia B.** Management of Difficult Patient's (??). Schwartz Center Rounds, Children's Hospital Colorado. Invited to and participated as a panelist discussion. 2016.
- **Carubia, B.** "What Do I Do?" A Case Based Approach to Managing Psychiatric Emergencies in the Medical Setting. Presented at the 6th Annual Clinical Concepts and Conundrums in Pediatric Hospital Medicine, Division of Pediatric Hospital Medicine, Children's Hospital Colorado, Aurora, CO, September 29, 2017
- **Carubia, B.** Adolescent Anxiety: Evaluation and Management. Presented at Hot Topics in Adolescent Health, The Weight of the World, Division of Adolescent Medicine, Children's Hospital Colorado, Aurora, CO, October 27, 2017

11. Teaching Record

Grand Rounds

- **Carubia B,** Riggs P, Thurstone C. Stress and It's Relations to Adolescent Substance Abuse. Presented at Grand Rounds, Department of Psychiatry, Universtiy of Colorado School of Medicine, Aurora, CO, 2011
- Kieval D, **Carubia B.** Trauma-Focused Cognitive Behavioral Therapy. Presented at Grand Rounds, Division of Child and Adolescent Psychiatry, Children's Hospital Colorado, 2012
- **Carubia B,** Utzinger L. Exercise and The Childhood Obesity Epidemic. Presented at Grand Rounds, Division of Child and Adolescent Psychiatry, Children's Hospital Colorado, 2013
- **Carubia, B.** Review of Psychosocial Treatment Efficacy for Disruptive Behavior Problems in Very Young Children: A Meta-Analytic Examination. Presented at Journal Club, Grand Rounds, Division of Child and Adolescent Psychiatry, Children's Hospital Colorado, 2013
- **Carubia, B.** Pediatric Delirium: From the Mystery to the Science. Presented at Grand Rounds, Division of Child and Adolescent Psychiatry, Children's Hospital Colorado, January 2016

Lectures

- Adolescent Development. CR-1 Child Fellowship Didactics, Child and Adolescent Psychiatry Fellowship, University of Colorado School of Medicine, 2012. Approximately 6 child fellows
- Primer on Psychopharmacology. Pediatric Behavioral Medicine Seminar, Predoctoral Psychology Internship, Children's Hospital Colorado, 2012. Approximately 6-8 psychology interns
- Child and Adolescent Psychiatric Assessment. PGY-2 Child and Family Psychiatry and Psychopharmacology Survey Course, General Psychiatry Residency Program, University of Colorado School of Medicine, 2013. Approximately 5-7 PGY-2 residents
- Psychiatric Emergencies and Mental Health Holds. Pediatric Emergency Medicine Fellows & Faculty, Department of Pediciatrics, University of Colorado School of Medicine, 2013. Aproximately 8-10 attendees
- Pediatric Consultation & Liaison. Psychosomatic Fellowship Seminar, University of Colorado School of Medicine, 2013. Approximately 4-6 attendees
- Psychiatry 101. Child Neurology Conference, Department of Neurology, Children's Hospital Colorado, 2014. Approximately 8 attendees
- Pediatric Consultation & Liaison. CR1 Child Fellowship Didactics, Child and Adolescent Psychiatry Fellowship, University of Colorado School of Medicine, 2014.

- Approximately 6 child fellow attendees
- Pediatric Consultation & Liaison. Pediatric Behavioral Medicine Seminar, Predoctoral Psychology Internship, Children's Hospital Colorado, 2014, 2016. Approximately 4-6 attendees at each session
 - Psychiatric Emergencies Primer. Department of Pediatrics Noon Conference, Children's Hospital Colorado, 2014, 2015, 2016, 2017, 2018, 7/15/2019. Each presentation with approximately 20-25 attendees
 - Med/Psych Legal Issues. Legal Issues Summer Didactic, Child and Adolescent Psychiatry Fellowship and Predoctoral Psychology Internship, Children's Hospital Colorado, 2014. Approximately 15 attendees
 - Psych Emergencies on the Medical Floor. CME Hospitalist Lecture Series, Department of Pediatrics, Children's Hospital Colorado, 2015. Approximately 8-10 attendees.
 - Psychiatric Emergencies on the Medical Floor. Resident Academic Half Day, Department of Pediatrics, Children's Hospital Colorado, 2015, 2016, 2017. Approximately 25-30 attendees at each course
 - Suicide Risk and Safety Assessments. Resident Academic Half Day, Department of Pediatrics, Children's Hospital Colorado, 2015, 2016, 2017. Approximately 15-20 attendees at each session.
 - Child Psychiatry and the Law. Summer Didactic Series, Child and Adolescent Psychiatry Fellowship and Predoctoral Psychology Internship, Children's Hospital Colorado, 2015, 2016, 2017, 2018, 2019. Approximately 15-20 attendees at each 3 hour course.
 - SAFTeam. Summer Didactic Series, Child and Adolescent Psychiatry Fellowship and Predoctoral Psychology Internship, Children's Hospital Colorado, 2016, 2017, 2018, 2019. Approximately 15-20 attendees at each course
 - Suicide Risk and Safety Assessments. Child Neurology Conference, Department of Neurology, Children's Hospital Colorado, 2016. Approximately 10-12 attendees
 - Psychosis and Delirium. Resident Academic Half Day, Department of Pediatrics, Children's Hospital Colorado, 2016, 2019. Approximately 15-20 attendees at each session.
 - M-1 Holds, Emergency Meds, Restraint & Seclusion, and Legal Issues Primer. Pediatric Emergency Medicine Section CME, Children's Hospital Colorado, December 2017. Approximately 60-70 attendees including MDs, APPs, RNs, Fellows, Residents, and various clinical staff.
 - Is it Really All in Their Head? (Functional Disorders). Resident Academic Half Day, Department of Pediatrics, Children's Hospital Colorado, 2018, 4/2/2019. Approximately 30 attendees at each session.
 - SAFTeam Consults and BART Codes. Resident Academic Half Day, Department of Pediatrics, Children's Hospital Colorado, 2018, 4/2/2019. Approximately 30 attendees at each session.
 - Pediatric Delirium. Pediatric Behavioral Medicine Course, Child and Adolescent Psychiatry Fellowship and Predoctoral Psychology Internship, 2018, 4/9/2019, 4/17/2019. Approximately 15-20 attendees.
 - Pediatric Consultation and Liaison. Psychosomatic Fellowship Seminar. Denver Health Medical Center, 2018. Approximately 5 attendees.
 - Behavioral Management of Altered Mental Status (AMS) Child. BHS Educational Series- Encephalopathies. Children's Hospital Colorado, 11/6/2019.
 - Substance Induced Psychosis. BHS Educational Series. Children's Hospital Colorado, 1/23/2020.

Clinical, Bed-side Teaching

- University of Colorado School of Medicine; Clinical Groups in Basic Psychiatry Sequence. Small group co-leader for clinical interview groups of nine 1st and 2nd year medical students (MS1-MS2's); each year has 2 blocks: Spring (approx. 4 sessions, each 90 mins) and Fall (approx. 8 sessions, each 90 mins), 2015 – present
- University of Colorado School of Medicine; Psychiatry Clerkship; Supervise one 3rd year medical student (MS3) every month for 4.5 days/week; 8/2013 – present
- University of Colorado School of Medicine; Child and Adolescent Psychiatry Fellowship; Supervised 1 fellow for 2 month rotations on Psych Consultation and Liaison for 4 days/week, 6-7 fellows total per year; 8/2013 – present
- University of Colorado School of Medicine; Child and Adolescent Psychiatry Fellowship; Supervised 5-7 fellows total per year for 12 months for ½ day of clinic/week; 7/2015 – present
- University of Colorado School of Medicine; Foundations of Doctoring Preceptor for an MS3. Mentoring an clinical teaching; 2015, 2016.
- Supervise various rotating trainees including: 4th year medical students (MS4's) completing subinternships, pediatric residents completing electives, neurology residents/fellows completing core and elective rotations, pain fellows completing core rotations, psychology interns and externs, and social work interns

Administrative Positions

- Associate Program Director, Child and Adolescent Psychiatry Fellowship; University of Colorado School of Medicine, Department of Psychiatry; 7/2014 – present

Additional Positions

- Co-Course Director. Legal Issues Summer Didactic, Child and Adolescent Psychiatry Fellowship, University of Colorado School of Medicine, 2014
- Course Director. Child Psychiatry and the Law. Child and Adolescent Psychiatry Fellowship, University of Colorado School of Medicine, 2015 – present
- Co-Course Lead. Child Abuse and Psychiatry. Resident Academic Half Day, Department of Pediatrics, University of Colorado School of Medicine, 2016 – present

12. Bibliography

Peer-Reviewed Papers

1. **Carubia B**, Becker A, Levine BH. Child Psychiatric Emergencies: Updates on Trends, Clinical Care and Practice Challenges. *Curr Psychiatry Rep*. 2016 Apr;18(4):4. Cited in PubMed; PMID: 26932516
2. Nicoli D, **Carubia B**, Penner A. Behavioral Assistance Response Team Effectively Provides De-Escalation and Aggression Management at a Large Tertiary Children's Hospital. In press: *Colorado Journal of Psychiatry and Psychology*. Accepted February 19, 2019.
3. Ariefdjoan M, Malmberg J, Lindwall J, **Carubia B**, Judd-Glossy L. Mental Health Providers and Trainees' Experience of Treating Pediatric Patients with Psychogenic Non-Epileptic Seizures (PNES): A Clinical Survey. In press: *Colorado Journal of Psychiatry and Psychology*.

Poster Presentations:

4. **Carubia B**, Riggs P, Thurstone C. Stress and It's Relation to Adolescent Substance Abuse. Poster presented at: 2014 University of Colorado Department of Psychiatry Poster Show; 2011; Aurora, CO.
5. Puening S, Smith M, **Carubia B**. Lupus Psychosis in an Adolescent. Poster presented at: 2015 University of Colorado Department of Psychiatry Poster Show; 2015; Aurora, CO.

6. Judd-Glossy L, Lindwall J, **Carubia B**. Medical Team Perspectives of the Psychiatry Consultation/Liaison Service. Poster presented at: 2015 Annual Spring Pediatric Research Poster Session at Children's Hospital Colorado; 2015; Aurora, CO.
7. Judd-Glossy, L, Twohy, E, Penner, A, **Carubia, B**. SAFTeam: An Innovative Consultation Model to Support Family-Centered Care in Challenging Patient/Provider Relationships. Poster presented at: Annual Conference of the Society of Pediatric Psychology; April, 2017; Portland, OR.
8. Nicoli D, **Carubia B**, Penner A. Behavioral Assistance Response Team Effectively Provides De-Escalation and Aggression Management at a Large Tertiary Children's Hospital. Poster presented at: American Psychiatric Association Annual Meeting; May 5-9, 2018; New York City, NY.
<https://www.psychiatry.org/File%20Library/Psychiatrists/Meetings/Annual-Meeting/2018/virtual-registration-bag/Poster-Proceedings.pdf>
9. Judd-Glossy L, Ariefdjohan M, Malmberg J, Lindwall J, **Carubia B**. Mental Health Providers and Trainee's Experience of Treating Pediatric Patients with Psychogenic Non-Epileptic Seizures (PNES): A Clinical Survey. Poster presented at: 2018 Annual Spring Pediatric Research Poster Session at Children's Hospital Colorado; 2018; Aurora, CO

Meeting Presentations:

10. **Carubia, B**. The Strengthening Alliances With Families Team (Safteam). Journal of the American Academy of Child & Adolescent Psychiatry, Volume 57, Issue 10, Supplement, 2018, Page S288, ISSN 0890-8567, <https://doi.org/10.1016/j.jaac.2018.07.687>.

Non Peer-Reviewed Papers:

11. Willoughby J, **Carubia B**, Murgolo M, Carter D, Frankel K. Melding Infant Mental Health and Multisystemic Therapy Approaches to Community-Based Treatment. *Zero To Three*. July 2013 Vol 33 No 6, pp.11-16