# ABBREVIATED CURRICULUM VITAE JEAN TRUMPLER ABBOTT, MD, MH 7.17.20

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# **PRESENT POSITIONS:**

• Faculty, Center for Bioethics and Humanities, CU Health Sciences Center, Aurora CO

- Professor Emerita, Department of Emergency Medicine, CU School of Medicine
- University Hospital Ethics Committee, member since 1995.

• Core Faculty, Master of Science in Palliative Care, Ethics content, 2016-present.

#### **EDUCATION**

College: Bryn Mawr College, 1969, BA, Magna cum laude, political science.

Medical School: University of Pennsylvania, MD, 1973.

Internship: San Joaquin General Hospital, Stockton, CA, 1973-74.

Master of Humanities University of Colorado, Denver, 2003; philosophy & bioethics

#### PROFESSIONAL APPOINTMENT HISTORY

Faculty, General Internal Medicine, 2017- present Professor Emerita, Emergency Medicine, 2013-present.

Professor, Emergency Medicine Department, July 2005, "retired" from FT faculty appointment, July 2008; retired from ED clinical service, June 2013. (Appointment to EM faculty in 1985; promotion to Associate Professor in 1995.)

# ED Staff Physician:

Tuba City Regional Indian Health Service Hospital: 1999 – 2013.

Physician, Himalayan Rescue Association, Manang Clinic, Nepal; Spring 2000.

Community Emergency Medicine 1975 - 1985: Boise ID, Lewiston ME, Duluth MN,

Boulder/Longmont/Loveland/Wheatridge CO.

# **HONORS & CERTIFICATIONS**

Magna Cum Laude: Bryn Mawr College, 1969

Outstanding Teaching Award: Central Maine Medical Center FP Residency; 1984-1985 UCHSC, Clinician of the Year: Denver Affiliated Residency in Emergency Medicine, 1989 Robert C. Jorden Master Teacher Award; Class of 1993, Denver Affiliated Residency in EM. Appreciation Award, Denver Health Residency in Emergency Medicine, September, 2000. Pfizer National Humanism in Medicine nominee from University of Colorado School of Medicine, 2001.

Excellence in Teaching Award, Medical School Class of 2006 for 2003-4 academic year; May, 2004.

Veritas Award, Center for Bioethics and Humanities, UCHSC, May, 2004.

Lifetime Achievement Award in Emergency Medicine Education,

Denver Health Emergency Medicine Residency, June, 2008.
Peak Performers Award 2010 from Rocky Mountain Hospitalists, October 2010

2012 SAEM Advancement of Women in Academic Emergency Medicine

Award May 2012

Colorado ACEP Legacy Award in Emergency Medicine, January 2017

Diplomate, American Board of Emergency Medicine (lifetime Fellow) 1982-2017

Certification: 1981-1991; 1989-1999; 2000-2010; 2009-12.31.2019

Educating Physicians in End-of-Life Care (EPEC) Program Trainer

Master Trainer, EPEC-EM

2001-present
2006-present

National Certification, Healthcare Ethics Consultation (HEC-C) Nov. 2018

Recognition Award, Colorado Department of Public Health and Environment, for leadership

and contributions during Colorado's COVID-19 Response January,2021

# <u>SUMMARY OF RECENT NATIONAL & REGIONAL ACADEMIC & PROFESSIONAL SERVICE, LECTURES & PRESENTATIONS (2015 – present):</u>

- CU-Boulder: Senior Seminar in Medicine: Ethical Issues in Modern Health Care: 2 hours, Spring semester 2013, spring 2014, spring 2015, spring 2016, spring 2017, spring 2018.
- "Difficult Encounters: When Physicians and Patients disagree", Vail Ob-Gyn Conference, February 2015.
- "AMA Discharges," Rocky Mountain Emergency Medicine Conference, Feb 2015.
- CHEF (Colorado Healthcare Ethics Forum) conference, 2015, April:

"What's New in the literature" (with K Fulton)

"Beyond Advance Directives." (with C Holden)

Society for Academic Emergency Medicine, May 2015.

"Ethics in the News" (review of recent ethics literature pertinent to EM, with Dr. Colleen Bhalla)

"Is patient satisfaction the same as patient-centered care?" (coordinated debate)

- "Grassroots initiatives to encourage end-of-life discussions." Invited Workshop, American Board of Internal Medicine Forum, Park City, August 2015. (with Dr. Bud Hammes)
- Advance Care Planning and the Conversation Project Model: all day meetings with Rocky Mountain Health Plan, Grand Junction CO, September 2015.
- What makes Ethics Consult Services Tick? Summit Medical Center Ethics Committee, September 2015.

- "Physician Assisted Death: A Debate", 11<sup>th</sup> annual Palliative Care Conference, (with Jennifer Ballentine) CU Anschutz campus, October 2015.
- What makes Ethics Consult Services Tick? Ethics Consultation: education and problem-solving. Centura Castle Rock Ethics Committee, March 29, 2016.

CHEF (Colorado Healthcare Ethics forum) conference, 2016, April:

- "What's New in the literature" (with K Fulton)
- "Advance Care Planning and the Growing Problems of Dementia" (with C Holden)
- "What are "Best Practices" for Unrepresented Patients?" (with J Glover, Deb B-W)
- "Hospice Issues," panel given twice for Colorado Medical Directors Association 22<sup>nd</sup> Annual Conference, with Don Murphy, Robert Howe, April 2016.
- Caring for the "Unrepresented Patient": Strategies to Avoid Moral Distress and Substandard Care, panel with Deb Bennett-Woods, Thaddeus Pope; International Conference on Clinical Ethics Consultation (ICCEC), Washington DC, May 2016.
- A Case of Attempted Suicide in Huntington's Disease: Ethical and Moral Considerations (with K Furfari). International Conference on Clinical Ethics Consultation (ICCEC), Washington DC, May 2016.
- Advance Care Planning: The Arc of helping our Patients. Western Slope Care Coordinators Conference (2 Hr keynote; 120 participants), Nov 11, 2016.
- Advance Care Planning: The Arc of Helping our Patients. Keynote speaker, Grand Junction Care Coordination regional conference, November 2016.
- "Unrepresented Patients": Medical Staff Grand Rounds, Montrose CO, November 2016.
- Basic Ethics Consultation Workshop, Cheyenne Regional Medical Center, December 5, 2016 (with Jackie Glover; 4 hours).
- "Hot Topics" in Ethics, CU Senior Pre-med Seminar, 3 hours, March 2017 & April 2018.
- Ethics Consultation Workshop (4 hours): Montrose Memorial Hospital (25 participants), March 17, 2017.
- Physician-assisted dying: Historical and Contemporary Ethical Issues. Medical Staff CME Lecture, Montrose: March 17, 2017.
- Advance Directive Stakeholder Meeting: Challenges of ADs and POLST forms in the ED: Poudre Valley Hospital, March 23, 2017

Physician-assisted dying: Historical and Contemporary Ethical Issues. Medical Staff CME Lecture, Valley View Hospital, Glenwood Springs: April 19, 2017.

The POLST Paradox: Opportunities and Challenges of Honoring Patient Wishes in the ED Setting; Carrie Falk Memorial Lecture, Medical College of Wisconsin, May 3, 2017.

Colorado Healthcare Ethics Forum, June 7-8, 2017:

- Review of the Recent Ethics Literature (with Kayte Fulton), 1 hr.
- Flash Rounds: Practical Update on Advance Directives, MOST Use/Misuse, Physician Proxy Best Practices, with Deb Bennett-Woods, Sarah Meshak, Emma Kagel. 1 hr.
- Basic Ethics Consultation Skills Discussion, with Megan Prescott. 1 hr.

Panel on "Medical Aid in Dying", Colorado Elder Law retreat, August 25,2017.

Abbott: 2<sup>nd</sup> International Conference on End of Life Law, Ethics, Policy and Practice, 2 session presentations, Halifax, Nova Scotia, September 2017:

- The Notion of Advance Directives: Headway or Hazard;
- Problems with POLST.

University of Colorado Ethics Consultation Retreat, Feb 2018: "Conflicts, Meaning and Building Resilience through Family Decision-Making" with Heather Weideman, chaplain.

CHEF Conference, April 2018 presentations:

- What's New in the Literature? Review with Megan Prescott
- Colorado's Physician Proxy Law, with Dr. P Mayer, an update.

Society for Academic Emergency Medicine; Annual meeting: Educating Residents about EOL Issues in the ED. May 18, 2018.

National ASBH Healthcare Ethics Consultant Certification Commission (passing point commission), November 2018, included national ASBH Consultant certification.

Physician outpatient and clinic groups: Advance Care Planning for Providers: Nuts, Bolts and Solutions: Salud Clinic, Lafayette, December 2018.

Craig Rehabilitation Hospital: "What is a "Safe Enough" Discharge?" Ethics Grand Rounds, December 2018.

Northwest Regional Medical Center, Scottsbluff NE: Ethics Day, multiple lectures and grand rounds (8 hours), January 2019.

Boulder Valley Care Network: Videotaped talk to providers on "What do physicians need to know about ACP" for CME, plus role-play.

CHEF Conference, April 2019:

- Literature Review
- Is Informed Consent Possible with Heroic Interventions (with Kristin Furfari)
- What is "Reasonable Effort" before physician proxy search: a debate. (with Constance Holden)

Colorado Guardianship Forum, discussion and presentation, April 2019.

Cheyenne Regional Medical Center, Half day of ethics consultation retreat, May 2019.

Community Ethics Committee presentation, Avista for Dr. Johnathon Ward, May 13, 2019.

"Social Determinants of Health: What is Our Role?" Ethics Forum panelist at National Nurse Practitioner Symposium, Keystone, July 2019.

Withholding and Withdrawing: Are they really the same? With Kristin Furfari, 2019 Palliative Care Days, CU Anschutz, October 2019.

Craig Rehabilitation Hospital: Advance Directives – for 30 Ethics, SW and 30 staff, Jan 10, 2020.

Ethics Committee work, Avista for Dr. Johnnathan Ward: Ethics Consultation Workshop, 5 hours, March 4, 2020 Ethics Committee meeting, March 31, 2020 Zoom discussion

Multiple Webinars/Zoom talks for Frasier Retirement home, First Congregational Church Boulder on Pandemic ethics, advance care planning.

"Advance Directives in the time of COVID-19: Myths, Facts and Ethical Challenges" Webinar for Center for Bioethics and Humanities & Multidisciplinary Center on Aging. June 18, 2020; Co-presenter, 250(?) people on Zoom.

Ethics in the time of COVID. Rocky Mountain Hospitalist Conference, 1-hour lecture, February, 2021.

# **BIOETHICS OUTREACH INITIATIVES TO COMMUNITY:**

Co-Founder, The Conversation Project in Boulder County, 2013 – present. Grant from Colorado Health Foundation for \$230K over two years (hired director – volunteer and presenter with this initiative).

Member, TRU Hospice Ethics Committee, Jan 2016 – present.
Policy work on getting proxies for unrepresented patients.

Member, Boulder Community Health Ethics Committee, January 2014 – present.

"Being Mortal" Book Discussion co-leader, 6-week class Spring 2015, Fall 2015, in Boulder.

"More about the MOST: Guidelines for the conversation." Boulder Community Health Rounds, with K Mooney, October 2015.

Roadways for Collaborating with the Healthcare System, workshop for Reimagining death and dying: Changing the way we Care, Naropa conference, January 2016.

"Cultivating a network of care: becoming part of the solution." CIVHC Healthy Transitions Conference, January 2016, with C. Holden.

Denver Metro Rotary: Ethical dilemmas: choosing between rocks and hard places, July 2016.

Osher Lifelong Learning Institute (OLLI) Denver Lectures for Medical Ethics Classes (2 x 2 hours):

- Medical Decisions in the 21st Century (Sept, 2016)
- Common Conflicts at the Bedside (Nov, 2016)

Whispers and Words: Panel discussion on End of Life Conversations, Grillo Public Forum, Boulder, December, 2016.

Words Matter (Half-hour TV interview with Kim Mooney): KGNU December 2016.

"Common conflicts at the Bedside." Public presentation at DU for OLLI, September, 2016.

"When the doctor says 'You're really making a bad choice." Public presentation at DU for OLLI, September 2016.

"Whispers and Words of Dying" Grillo Public Forum panelist, Boulder, December 2016.

Abbott J: KGNU Interview: End-of-Life Challenges for EMS and the ER, August 3, 2017.

Denver City Forum, panel on Medical Aid in Dying, August 30, 2017; "End of Life Issues."

"Talking to your Doctor about End-of-Life Issues", Boulder Community Health Outreach presentation, August 31, 2017 (with Dr. Ben Keidan); 200 citizens, August, 2017.

Boulder County physician outpatient and clinic groups: Advance Care Planning for Providers: Nuts, Bolts and Solutions:

- (7 clinic presentations to BCH network clinics Spring 2017)
- Presentations to providers at Boulder Medical Center, Boulder Internists
- Presentation to Centura/LUH physicians, December 2017 (20 providers)

Talking to your Doctor about your Future. Longmont Community presentation with Centura Health (at Longmont United Hospital), November 13, 2017.

2040 Aurora End-of-Life Initiative; 2-hour workshop, Nov 9, 2017.

"Talking to your Doctor about End-of-Life Issues", Boulder Community Health Outreach presentation, April 2018 (with Dr. Ben Keidan); (200 citizens).

Nurturing an Ethics Committee," Craig Rehabilitation Hospital, May 2018.

"End of Life Challenges in the Prehospital Arena." Eagle County EMS conference, August, 2018.

Medical Aid in Dying and a Legacy of the Heart, Flatirons Terrace Retirement home, August, 2018

Vail Symposium: panel "Palliative Care: Putting the Patient First, and Medical Aid in Dying at the End of Life: 80 people, general public, Edwards, CO. December 6, 2018.

Osher Lifelong Learning Institute (OLLI) Denver: Hospital Ethics Consultation Challenges, February 2020.

Colorado Guardianship Forum, discussion and presentation on Decision-Making for Guardians, July, 2020, with Dr. Hillary Lum.

Osher Lifelong Learning Institute (OLLI) Denver: <u>Elderhood</u> by Louise Aronson, Jan/February 2021, 8 2-hour Zoom educational teaching sessions with Dr. Bob Steele.

# Pandemic Related Outreach, February 2020 - present:

Colorado Healthcare Ethics Resource Gathering – March 2020-present:

Co-moderator weekly meetings

Participated in creation of:

- Colorado Triage Guidelines for Crisis Standards of care
- Crisis Standards of Care for Palliative Care and Hospice

Member, Content Expert Panel to Dr. Steve Cantrill and GEEERC, March – May Advisor and participant, hospice subgroup of CHER

- Hospice Webinar: Colorado Crisis Standards of Care – Palliative Care & Hospice, with Hospice Analytics (Cordt Kassner), June 4, 2020.

Other topical state work on infrastructure planning for Advance Care Planning, Alternate sites, verbal signatures for ADs, training primary care physicians for serious illness care.

Member, Governor's Medical Advisory Committee on medication allocation, November 2020-present. ("essential medications" subcommittee)

- Presentations, Governor's Expert Emergency Epidemic Response Committee with proposal for CO Palliative and Hospice Care Crisis Standards: May 14, 2020, and presentation with approval, June 18, 2020.
- -Telligen presentation: Crisis Standards for Long Term Care facilities, May 14, 2020
- -State Chronic Care Collaborative, presentation on Crisis Standards of Care for Palliative Care and Hospice, June 3.
- Member, Boulder Community Health Pandemic Triage Team, March December (currently quiescent)

#### **CU Master of Science in Palliative Care PROGRAM:**

Ethics curriculum lead, hybrid 2-year curriculum, primarily on-line, 2016 to present: 4<sup>th</sup> cohort (now 32 students) 2020-2021.

15 3-hour modules created, edited, presented and graded annually:

- Ethical Analysis
- Decision-making capacity
- Truthtelling and confidentiality
- Heroic Interventions
- Hastened death
- Patient, family and provider disagreements
- Palliative sedation and VSED
- Values inventory and written ADs
- Informed consent and conscientious objection
- Iustice and resource issues
- Advance Directives II
- Legal issues and advanced decision making
- Suicide and mental health ethics in palliative care
- Trauma and ED Palliative Care (medical and ethical content)
- Adolescent and Children: Ethical Considerations in Palliative Care

#### **LOCAL AND REGIONAL SERVICE AND ADMINISTRATION:**

- UCH Ethics Committee Member, 2000-present:
  - UCH Ethics Consultation Retreat Organizer and lead for annual course for UCH area hospital ethics consultation services. Most recent:
    - February 2016: co-coordinator and presenter, UCH system, 24 consultants.
    - February 2015: 7 hours, (80 attendees) case review and consultant education

- April 2014: 7 hours. (78 attendees): my presentations included:
  - A debate: Is Patient Satisfaction the same as "patient centered care" (con)
  - Cases that keep us up at night: small group discussion of complex cases.
- April 2013: 4 hours, sponsored by the Center for Bioethics and Humanities and University of Colorado Hospital (50 attendees)
- CHEF (Colorado Healthcare Ethics Forum), Board member, 2010-2016, reappointed 2018-2019.
  - o Annual Conference Planning Committee for 2014. (representing Center)
  - o Planning Committee, 2015, lecture presentations 2014-8.
- Ethics Committee member, Boulder Community Hospital, 2012-present.
  - o Ethical Framework for Difficult Discharges" subcommittee 2014-5.
  - Working with physician groups on Advance Care Planning in the office, and link to EMR.
  - 2020-2021 subcommittee: Safety of Staff in the face of combative patients: what to do?
- Ethics Committee member, TRU Hospice (non-profit Boulder County Hospice) 2016-present.
  - o Education advising re MAID process and education for staff.
  - Ethics consultation feedback
- Ethics Affiliates Member: quarterly meeting of Ethics Committee colleagues from Metro area hospitals (2010-2020):
  - Plus monthly meetings for an "unrepresented patient" guidelines initiative white paper (completed). (2010-2016)
  - o "Best Practices" guideline document and education, 2016-present (with Glover, Bennett-Woods).
- Project on Complex Discharges at UCH (derived from repeated consults) –preliminary analysis of scope of problem, possible solutions. (2013-2016)
- Co-Founder, The Conversation Project in Boulder County, 2013 present.
  - Primary role is in physician education (Longmont, Boulder and Clinica sites, and Salud Clinic Dec, 2018).

# **RECENT CU CAMPUS AND DHH EDUCATION CONTRIBUTIONS:**

#### At UCD-HSC Medical and Professional Schools:

Weekly Medical ICU Rounds to facilitate Ethics Discussions with provider teams: 2007
 2020 (ended by COVID restrictions).

- Advance Directives and EOL module (with IM Faculty: Youngwerth, Lum) 2 ½ hour small group MS III session ending each IM block every 6 weeks. (2014-2020.)
- ICC Session March 2016 Lecture re. "Shared Decision-Making" and small group facilitator; MS IV students.
- Shared Decision-making 8004, ICC4; MSIII lecture and small group, March 2018, March 2019 & 2020.
- Small group facilitator ICC sessions:
  - o January 13 & 15, 2020; EOL MSIV sessions x 2.
- Emergency Medicine ethics/professionalism 2-hour module on end of life: January 22, 2020.
- Integrated clinician course, IDPT 7003 (May, error disclosure) & 8005 (March, shared decision-making).
- Denver Health EM Residency co-presenter on Advance Directives, January 22, 2020 (EOL issues), also April 22, 2020 (Crisis Standards).

# **SOM & UCH Faculty, Staff Rounds:**

- UCH Ethics Grand Rounds:
  - o Beyond Written Advance Directives: Having Conversations, January 2015.
  - Gaps in Healthcare Decisions for Unrepresented Patients, Dec 2015, with Dr. Jackie Glover.
  - o Suicide Ethics, May 2016.
  - Colorado Proposition 106: End of Life Options: A Debate. (with Dr. Maurice Scott), UCH Ethics Grand Rounds, October 2016.
  - Advance Directives and Proxies Updates and the New "physician proxy" policies – Ethics Grand Rounds, April 6, 2017.
  - o The Notion of Advance Directives, with Megan Prescott, October 12, 2017.
  - o Two Physicians Plan for Dementia, with Cari Levy, September 2019.
- Psychiatry Grand Rounds: panelist, Eating Disorder as an Incurable Disease. November 2012.
- MICU nurse rounds: Why don't we honor Advance Directives when families disagree?" April 2013.
- Ob-Gyn Grand Rounds: New Ethical Quandaries for the Practicing Gynecologist, January 2014.
- St. Joseph's Surgery Grand Rounds, "Assessing and Communicating Futile Care," February 2014.
- CU SOM MS IV: Tabletop Exercise in Disaster Care (ethics team leader), February 2014, 3 hours.
- MICU staff: Duty to care, Conscientious Objection, and Boundaries, October 2014.
- Ethics Bites (Ethics Forum at UCH): To Transplant or not to transplant: getting a liver after attempting suicide? Jan 2015.
- Geriatric Grand Rounds: "Unrepresented patients: A Colorado solution and geriatric care perspective." August 25,2016.

- UCH Palliative Care Fellowship Rounds:
  - "Decision Making Capacity," (annual 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020).
  - o "Colorado's End of Life Options Act", May 2017, and April 2018, 2019, 2020.
- UCH Palliative Care Grand Rounds:
  - o Advance Directives: Headway or Hazard (with Megan Prescott): Dec 19, 2017
  - o The Perils of POLST Paradigm documents: August 2018
- UCH Critical Care Grand Rounds on MAID with Jeanie Youngwerth, Dec 7, 2017.
- UCH Special Pathogens Unit: Ebola and the Ethics of Disasters, August 30, 2017.
- UCH Critical Care Grand Rounds: Challenges of Working with Proxies, September 2018
- Ethics Bites, "#Futureself: Two Physicians Prepare for Dementia," January 14, 2018.
- Emergency Medicine ethics/professionalism 2-hour module on domestic violence, May 2019
- Palliative Care Fellowship Rounds: "Decision Making Capacity," August 2019; "Pandemic Ethics" March 23; "MAID in Colorado" April 6, 2020.
- Denver Health EM Residency co-presenter on Advance Directives, January 22, 2020 (EOL issues), also April 22, 2020 (Crisis Standards).

# **PUBLICATIONS (recent highlights):**

# PEER REVIEW JOURNALS

- Abbott J, Ferraro K, Johnson D, Statland B, Massone J, Fowler C, Budai P, Cantrill SV. Colorado Palliative Care and Hospice Crisis Standards: Moving Beyond Critical Care Planning. J Pain Symptom Manage. 2020 Dec 19:S0885-3924(20)30936-2. doi: 10.1016/j.jpainsymman.2020.12.009. Epub ahead of print. PMID: 33348027.
- **Abbott J**, Johnson D, Wynia M. Ensuring Adequate Palliative and Hospice Care During COVID-19 Surges. JAMA. 2020 Sep 21. doi: 10.1001/jama.2020.16843. Epub ahead of print. PMID: 32955547.
- Berlinger N, <u>Abbott J</u>, Milliken A, et al. Access to Therapeutic and Palliative Drugs in the Context of Covid-19: Justice and the Relief of Suffering. Hastings Center, July 14, 2020. <a href="https://www.thehastingscenter.org/access-to-therapeutic-and-palliative-drugs-in-the-context-of-covid-19/">https://www.thehastingscenter.org/access-to-therapeutic-and-palliative-drugs-in-the-context-of-covid-19/</a>.
- Fink RM, Arora K, Gleason SE, Morrison KT, Robertson N, Knudson J, Sanute L, **Abbott J**, Earnest M, Bailey FA. Interprofessional Master of Science in Palliative Care: On Becoming a Palliative Care Community Specialist. J Palliat Med. 2019 Dec 30. doi: 10.1089/jpm.2019.0108. Online ahead of print.
- <u>Abbott I</u>. The POLST Paradox: Opportunities and Challenges with Honoring Patient wishes in the ED. Annals Emerg Med. 2019: 73: 294-301.

- Levy C, <u>Abbott J</u>. A Geriatrician and a Physician-Ethicist plan for the possibility of developing dementia. J Palliat Med 2019; 22: 116-120.
- Furfari K, <u>Abbott J.</u> Withdrawing and withholding in the clinical arena. Am J Bioethics, 2019; 19: 45-7.
- Glover J, Bennett-Woods D, **Abbott I**. Colorado's new physician proxy law: moving from statute to guideline., J Clin Ethics, Spring 2018.
- **Abbott J**, Glover J, Wynia M. Accepting professional accountability: a call for uniform national data collection on medical aid-in-dying. Health Affairs blog, Nov 2017.
- Bennett-Woods D, <u>Abbott J</u>, Glover J. Giving voice to the voiceless: the Colorado response to unrepresented patients. J Clin Ethics, Fall 2017.
- **Abbott J**. Understanding what people intend: Is it possible from written advance directives? (ed.) JAMDA 2017; 18: 10-11.
- Lum HD, Dukes J, Church S, <u>Abbott J</u>, Youngwerth JM. Teaching medical students about "The Conversation": an interactive value-based advance care planning session. AJHPM 2017; 1-6, e-published.
- Furfari K, Zehnder N, <u>Abbott J</u>. A case of attempted suicide in Huntington's disease: ethical and moral considerations. J Clin Ethics, March 2016.
- Clark M, <u>Abbott J.</u> Ethics Seminar: A "Best Practice" Approach to Navigating the AMA Discharge. Acad Emerg Med. 2014: 21: 1050-7.
- Vinton DT, Capp R, Rooks SP, <u>Abbott JT</u>, Ginde AA. National study of frequent users of the emergency department: characteristics and opportunities for intervention. *Emerg Med J* 2014; Jan 28 (epub).
- **Abbott J**, Stone S. Are we ready for palliative medicine? Ann Emerg Med 2013; 61: 372. (Letter to editor.)
- **Abbott J.** A Celebration of Being "The Attending." Acad Emerg Med 2012; 19: E1114-5.
- Boatright D, <u>Abbott J</u>. Not your typical "frequent flyer": overcoming mythology in caring for sickle cell disease patients. Commentary essay, AJOB, January 2013.
- **Abbott J**. Difficult Patients, Difficult Doctors: Can Consultants interrupt the Blame Game? American Journal of Bioethics. Am J Bioeth. 2012; 12(5):18-20.
- Zieski M, <u>Abbott I</u>. Ethics Seminars: The Hospice Patient in the ED: An Ethical Approach to Understanding Barriers and Improving Care. Acad Emerg Med. 2011;18(11):1201-7.

Stone S, Lowenstein SR, McClung CD, Colwell CD, <u>Abbott J</u>. Paramedic knowledge, attitudes and training in end-of-life care. Journal of Prehospital and Disaster Medicine, 2009 Nov-Dec;24(6):529-34.

Abbott I. Even "Frequent Fliers" Die. Ann Emerg Med. 2009 Dec; 54(6):840.

#### RECENT BOOK CHAPTERS, MONOGRAPHS, and INVITED EDITORIALS:

- **Abbott J**, Platnick B. Palliative Care and Advance Directives. In Emergency Medicine Secrets, 7<sup>th</sup> edition, submitted February 2019. Publication pending.
- Wynia M, <u>Abbott J</u>, Little C. Ethical Issues in Preparing for and Responding to Viral Outbreaks and Bioterrorism, chapter in <u>Preparing for Viral Outbreaks and Bioterrorism</u>, publication pending by Elsevier, 2018.
- Cheney C. Healthleaders blog, March 29, 2019. 5 keys to honoring POLST Directives in Emergency Departments. Interview with me from Annals article on POLST.
- EM-RAP: February 2018: Problems with POLST for the Emergency Physician, **J Abbott** with host Rob Orman (25 min oral education session nationally distributed).
- Marylander G, <u>Abbott J.</u> The lawyer's role in end-of-life planning—moving beyond advance medical directives. Colorado Lawyer, July 2015.
- **Abbott I**. A story of repatriation. ABIM Foundation Forum anthology, Summer 2015.
- Bergamo C, <u>Abbott I</u>: Palliative Care, in Emergency Medicine Secrets, 3<sup>rd</sup> edition, submitted September 2014. (EM resident)
- EM-RAP: February 2014: End-of-life conversations for the Emergency Physician, **J Abbott** with host Rob Orman (25 min oral education session).
- SAEM Ethics Committee (national) coordinator for ongoing project or updating 12-module curriculum in ethics and professionalism for EM residencies. Posted electronically, July 2012.

Modules as Primary Author: Introduction; Module 4.3: Difficult Patient Situations; Module 7: Ethical Theory; Module 8.1-3: Professional Responsibilities (Codes, professional/personal conflicts/ cultural issues).

#### RECENT ABSTRACTS AND PAPERS PRESENTED AT SCIENTIFIC MEETINGS

**Abbott J**, Bailey FA. An Integrated Ethics Curriculum for Palliative Care, Abstract presentation: American Society for Bioethics and Humanities, Annual Meeting, October 2018.

 Poster presentation of same also, 11<sup>th</sup> Annual CU Palliative Care Days, October, 2018.

**Abbott J.** Holden C. A Grassroots Advance Care Planning Experience: The Conversation Project in Boulder County, descriptive poster presented at 10<sup>th</sup> Annual Palliative Care Research Days, UCH Campus, October, 2014.

#### LAY WRITING:

Have YOU had the Conversation? Longmont Times-Call, April 2014.

Decision-making across the spectrum of Memory Loss. Marketplace 50+, Boulder, Spring 2016.

Land of Limbo. <u>Human Touch</u> (Anschutz Medical Campus annual Anthology), 2016. Advance care planning is important; do it now. Longmont Times Call: Letter to Editor: April 10, 2016.

National Healthcare Decisions Day; Boulder Daily Camera guest commentary, April 15, 2016.

#### **CURRENT PROFESSIONAL INTERESTS:**

Interface between Emergency Medicine and end-of-life care. Ethics in Palliative Care.
Advance Care planning: challenges of predicting your future wishes. Medical aid in dying: accountability and "best practices." Ethics consultation in the hospital setting.

#### **Continuing Education.**

11<sup>th</sup> Annual Perspectives in Palliative Care, Anschutz, November 7, 2016. 8 hours.

Halifax: 2nd International Conference on End of Life, Law, Ethics, Policy, and Practice, 16 hours, September 2017.

12<sup>th</sup> Annual Perspectives in Palliative Care, Anschutz, Aurora, October 2017: 10 hours. Society for Academic Emergency Medicine, Indianapolis, May 2018, 6 hours.

 $13^{\rm th}$  Annual Perspectives in Palliative Care, Anschutz, Aurora, October 2018: 10 hours. American Society of Bioethics and Humanities Annual Meeting, October 2018; 14.5 hours.

Colorado Healthcare Ethics Forum, June 2019; 16 hours.

14th Annual Palliative Care Days, Anschutz, aurora, October 2019, 8 hours.

National Clinician Conference on Medical Aid in Dying, Feb 14-15,2020; Berkeley CA, 13 hours.

# **Outside Interests:**

Piano lessons, occasional performances for church.

Bicycling and travel (before the pandemic).

Ministry of Last Things, coordinator, 1st Congregational Church, Boulder CO, 2016 - present. MacKenzie Lectureship co-chair and members, 1st Congregational Church, Boulder, CO 2017-2021

Community service in New Orleans; 8 reconstruction weeks 2010-2013, Staten Island, May 2014. Houston, 2018.

Family, including husband of 49 years, granddaughter Emily, 18.

The Conversation Project in Boulder County: cofounder & active presenter: 2013-present, involved in the organization's 150 presentations to 4,000 people.