CURRICULUM VITAE

Anjali Dhurandhar, MD

PERSONAL INFORMATION

<u>Current Positions:</u> Staff Physician, Chronic Pain and Wellness Center

Compass Guide

Director, Hidden Curriculum Sessions

Associate Director, Arts and Humanities in Healthcare

Program

Academic Rank: Associate Professor of Medicine,

Division of General Internal Medicine

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Center for Bioethics and Humanities

Fulginiti Pavillion 13080 E 19th Ave Aurora, CO 80045

email: anjali.dhurandhar@cuanschutz.edu

EDUCATION

1988-1992	Tulane University, New Orleans, Louisiana, Bachelor of Arts, Economics
1993-1997	Louisiana State University Medical Center, New Orleans, Louisiana,
	Doctor of Medicine
1997-1998	University of Wisconsin Hospital and Clinics, Madison, Wisconsin, Internal
	Medicine internship
1998-2000	University of Wisconsin Hospital and Clinics, Madison, Wisconsin, Internal
	Medicine residency
2001-2002	Northwestern University, Feinberg School of Medicine, Chicago, Illinois,
	Fellowship in Medical Humanities and Bioethics
2002-2004	Northwestern University, Feinberg School of Medicine, Chicago, Illinois,
	Division of General Internal Medicine, Fellowship in General Internal
	Medicine, Faculty Development trainee
2002-2004	Northwestern University, Feinberg School of Medicine, Chicago, Illinois,
	Masters in Public Health program

BOARD CERTIFICATION AND MEDICAL LICENSURE

2000, 2010, 2019 Diplomate, American Board of Internal Medicine

2005	Colorado
2001	Illinois
2001	Louisiana
1998	Wisconsin

PROFESSIONAL EXPERIENCE

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2001-2004	General Internist, outpatient clinic, Northwestern Medical Faculty
	Foundation, provided primary care and acute care.
2005-2012	Inpatient attending, General Medicine wards, attended 4-5 months per year on inpatient medicine wards and did medicine consults on surgical patients.
2005-2020	Primary Care Internist, Uptown Primary Care, provide primary care for underserved patients.
2008-2020	Director of Ambulatory Care rotation for medical students at Uptown
	Primary Care Clinic, Denver, Colorado, precept 3 rd and 4 th year medical students in clinic, provide bedside teaching, didactic sessions, and learning tools, 20-30+ hours per week.
2020-2021	Primary Care Physician, Rocky Mountain Regional VA, provide primary
	care to veterans, see 6-8 patients per half day, precept internal medicine residents for their continuity clinic and for rapid access clinic.
2020-present	Staff Physician, Chronic Pain and Wellness Center, provide pain
_	management with an integrated team of psychologists, pharmacists, social
	worker for veterans with chronic pain.

HOSPITAL APPOINTMENTS

2001-2004	Department of Medicine, Division of General Internal Medicine,
	Northwestern Memorial Hospital, Chicago, Illinois
2001-2004	Consultant, Division of General Internal Medicine, Northwestern Medical
	Faculty Foundation, Chicago, Illinois
2005-2020	Department of Medicine, Presbyterian/St. Luke's Medical Center, Denver,
	Colorado
2009-2016	Chair, Clinical Ethics and Advisory Committee, Presbyterian/St. Luke's
	Medical Center and Rocky Mountain Hospital for Children, Denver,
	Colorado
2020-present	Medicine Service, Rocky Mountain Regional VA, Aurora, Colorado

FACULTY APPOINTMENTS 2001 2005 Instructor De

2001-2005	Instructor, Department of Medicine, Division of General Internal Medicine,
	Northwestern University, Feinberg School of Medicine, Chicago, Illinois
2001-2006	Faculty, Program in Medical Humanities and Bioethics and Department of
	Medicine, Northwestern University, Feinberg School of Medicine, Chicago,
	Illinois
2002-2005	Faculty, Program in Communication Medicine, Division of General Internal
	Medicine, Department of Medicine, Northwestern University, Feinberg
	School of Medicine, Chicago, Illinois
2005-2013	Assistant Professor, Department of Medicine, Division of General Internal
	Medicine, University of Colorado School of Medicine, Aurora, Colorado

2013-present Associate Professor, Department of Medicine, Division of General Internal

Medicine, University of Colorado School of Medicine, Aurora, Colorado

2005-present Faculty, Center for Bioethics and Humanities, Anschutz Medical Campus,

Aurora, Colorado

HONORS, AWARDS, DISTINCTIONS

International

2012 Choice Critics Award, for outstanding quality of reviews, *Medical Education*

(Brighton, UK)

National

2010 Fellowship, American College of Physicians

2005 David E. Rogers Educational Award for outstanding workshop at 28th

Annual Meeting, Society of General Internal Medicine, New Orleans,

Louisiana

2003 Mack Lipkin, Sr Finalist, for presentation of original research in doctor-

patient communication, 26th Annual Meeting Society of General Internal

Medicine, Vancouver, B.C.

Local

2009-2016 Appointment as Chair, Ethics and Human Values Committee,

Presbyterian/St. Luke's Medical Center and Rocky Mountain Hospital for

Children, Denver, Colorado

Institutional

2021-present Compass Guide, Trek Curriculum, University of Colorado School of

Medicine, Aurora Colorado

2015-present Sessions Director, Hidden Curriculum, University of Colorado School of

Medicine, Aurora Colorado

2014-present Associate Director, Humanities, Ethics, Professionalism Thread, University

of Colorado School of Medicine, Aurora Colorado

2012 Student Teaching Award for Outstanding contribution to the Adult

Ambulatory Care Clerkship as a Preceptor, Department of Medicine,

University of Colorado School of Medicine, Aurora, Colorado

2012-present College Mentor, Advisory Colleges Program, University of Colorado School

of Medicine, Aurora, Colorado

2009-present Associate Director of Art and Humanities in Healthcare Program, University

of Colorado Anschutz Medical Campus, Aurora, Colorado

2007-2009 Teachers Scholars Program, University of Colorado School of Medicine,

Denver, Colorado

MAJOR COMMITTEES AND SERVICE RESPONSIBILITIES

School of Medicine:

2021-present Member, Trek Progress Committee, University of Colorado School of

Medicine, Aurora, Colorado

2021-2022 Member, Compass Guide Selection Committee, University of Colorado

School of Medicine, Aurora, Colorado

2014-present	Associate Director, Humanities Ethics Professionalism Thread Committee, University of Colorado School of Medicine, Aurora, Colorado
2005-present	Member, Humanities Ethics Professionalism Thread Committee, University of Colorado School of Medicine, Aurora, Colorado
<u>University:</u>	
2009-present	Associate Director of Art and Humanities in Healthcare Program, University of Colorado Anschutz Medical Campus, Aurora, Colorado
2016-present	Member, University of Colorado President's Fund for the Humanities selection committee, University of Colorado, Denver, Colorado
Hospital:	•
2021-present	Educator Director, Chronic Pain and Wellness Center, responsibilities include providing monthly educational sessions for clinical staff, Veteran Administration, Aurora Colorado
2019-2020	Faculty lead, Domestic Violence QI team, supervise resident QI project to address how blood pressure is measured and treated, Uptown Primary Care, Denver, Colorado
2019-2020	Faculty lead, Annual Wellness Visit QI team, supervise resident QI project for group annual wellness visits, Uptown Primary Care, Denver, Colorado
2017-2019	Faculty lead, Clinic Processes QI team, supervise resident QI project to improve clinic processes, Uptown Primary Care, Denver, Colorado
2014-2019	Faculty lead, Advance Directives QI team, Uptown Primary Care, Denver, Colorado
2012-2020	Faculty Lead, Patient Safety, lead monthly meetings, review reports, lead QI efforts to address issues, provide education for residents, faculty and staff, Uptown Primary Care, Denver, Colorado
2011-2013	Co-Chair, Communication and Morale group, High Street Primary Care Center, Denver, Colorado
2010-2012	Member, Transitions of Care Committee, Presbyterian/St. Luke's Medical Center, Denver, Colorado
2009-2016	Chair, Ethics and Values Committee, Presbyterian/St. Luke's Medical Center and Rocky Mountain Hospital for Children, Denver, Colorado
2006-2020	Member, Transitional Program Intern Selection Committee, Presbyterian/St. Luke's, The Colorado Health Foundation

REVIEW AND REFEREE WORK

Reviewer	journals	
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2009-present Invited Reviewer, *Medical Education*, reviewed > 20 articles, received

Choice Critics Award for providing outstanding quality of reviews

2009-present Scientific Reviewer, *Journal of General Internal Medicine*, reviewed >10

articles

Editorial board

2008-present Faculty Editor, *The Human Touch*, University of Colorado, Anschutz

Medical Campus, Aurora Colorado

2013-present Invited Judge, Humanism in Healthcare Award, 1st annual, Life Quality

Institute and Arts and Humanities in Healthcare Program, Anschutz Medical

Campus.

INVITED PRESENTATIONS

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In	tern	atio	ทจเ

2013 "From Critique to Construction." Narrative Medicine Conference,

King's College, London, United Kingdom

National

2013 "The Power of Stories to Heal: A Writing Workshop." Workshop Facilitator,

36thAnnual Meeting of Society of General Internal Medicine, Denver,

Colorado

2011 "The Human Touch: The Artistic Side of Medicine." Invited Speaker

for Annual Meeting of OSR, American Association of Medical Colleges,

Denver, Colorado

2011 "Transforming Challenges into Healing: Reflective Writing to Enhance

Empathy and Prevent Burnout." Workshop Coordinator, 34th Annual Meeting

of Society of General Internal Medicine, Phoenix, Arizona

2010 "Walking Softly and Carrying a Big Pen: A Writing Workshop on Humility

in Medicine." Workshop Coordinator, 33rd Annual Meeting of Society of

General Internal Medicine, Minneapolis, Minnesota

2007 "Finding Wisdom in Medical Errors: A Writing Workshop." Workshop

Coordinator, 30th Annual Meeting of Society of General Internal Medicine,

Toronto, Canada

2006 "Exploring the Illness Narrative." Workshop Coordinator, 29th Annual

Meeting of Society of General Internal Medicine, Los Angeles, California

2005 "Words of Inspiration: Putting Our Best Moments into Writing." Workshop

Coordinator, 28th Annual Meeting of Society of General Internal Medicine,

New Orleans, Louisiana

2004 "Imagined Voices: An Exercise in Empathy." Workshop Coordinator,

Research and Teaching Forum conference, American Academy of Physician

and Patient, Indianapolis, Indiana

2004 "Imagined Voices: An Exercise in Empathy." Workshop Coordinator. 26th

Annual Meeting of the Society of General Internal Medicine, Chicago,

Illinois

Local

2015

2020-present "Reflective Writing Workshop" series. Workshop Co-Coordinator, 90-minte

interdisciplinary workshop series employing reflective writing, Pediatrics

Emergency Medicine. Children's Hospital, Aurora, Colorado

2020 "Hidden Curriculum and Maintaining Meaning in Medicine." CME event,

Undergraduate Medical Education, Department of Family Medicine,

University of Colorado School of Medicine, Denver, Colorado

"Doctor, Are You Listening & Looking?", Co-presenter, General Internal

Medicine Grand Rounds, Division of General Internal Medicine, University

of Colorado School of Medicine, Denver, Colorado

2015 "Meditation." Invited speaker, Meditation workshop, The Colorado Health

Foundation, Glendale, Colorado

2012-2015 "Heart of Medicine" Writing Workshop Series, Workshop Facilitator

University of Colorado Anschutz Medical Campus, Aurora, Colorado

2012	"The Placebo Effect." General Internal Medicine Grand Rounds, Division of
	General Internal Medicine, University of Colorado School of Medicine,
	Denver, Colorado
2012	"Reflecting upon Challenges to Enhance Empathy and Prevent Compassion
	Fatigue." Writing Workshop for Bone Marrow Transplant Psychologists,
	Social Workers, and Case Managers. Colorado Blood Cancer Institute,
	Denver, Colorado
2011	"Ethics for Health Care Professionals." Educational Session for Bone
	Marrow Transplant Psychologists, Social Workers, and Case Managers.
	Presbyterian/St. Luke's, Denver, Colorado
2007	"Meditation." General Internal Medicine Grand Rounds, Division of General
	Internal Medicine, University of Colorado School of Medicine, Denver,
	Colorado
2003	"Writing the Other: A Creative Writing Seminar for First- and Second-Year
	Medical Students." Invited Presenter, Bresnahan Colloquium, Northwestern
	Memorial Hospital, Chicago, Illinois

TEACHING RECORD

Medical Students/ Undergraduates

<u>Medical Students/ Undergraduates</u>		
Courses		
2022-present	"Compassion Conversations." Facilitating small group, 2 hour bimonthly sessions for full academic year. University of Colorado School of Medicine,	
	Aurora, Colorado	
2022-present	"Health and Society in the Foothills." Facilitating small group, 2 hour bimonthly sessions for full academic year. University of Colorado School of	
2022	Medicine, Aurora, Colorado	
2022	IDPT 8036: Global Health and Underserved Populations Journal Club Discussion Small Groups. Facilitated small group discussion, 90 minutes.	
	University of Colorado School of Medicine, Aurora, Colorado	
2021-present	"Health and Society." Facilitating small group, 2-4 hour weekly sessions for	
	full academic year. University of Colorado School of Medicine, Aurora,	
	Colorado	
2021-2022	COMPASS week: PIF sessions, facilitated multiple sessions for first year	
	students, University of Colorado School of Medicine, Aurora, Colorado	
2021	IDPT 5010 "Compass team programming." Facilitated small group.	
	University of Colorado School of Medicine, Aurora, Colorado	
2021	IDPT 5010 "Professionalism across the continuum of physician identity	
	formation." Facilitated small group. University of Colorado School of	
	Medicine, Aurora, Colorado	
2019	ICC 8004 "Reflective Writing." Facilitated small group. University of	
	Colorado School of Medicine, Aurora, Colorado	
2018	ICC 7002 "Courage to Care." Facilitated small group. University of	
	Colorado School of Medicine, Aurora, Colorado	
2015- present	"Hidden Curriculum", Sessions Director, revised the objectives, content and	
•	evaluation process for the sessions, University of Colorado School of	
	Medicine, Aurora Colorado	

First Course, "The Last Straw." Facilitated small group. University of 2014 Colorado School of Medicine, Aurora, Colorado ICC 7003 "Ethics." Facilitated small group. University of Colorado School 2013 of Medicine, Aurora, Colorado ICC 7001 "Letters to a Third-Year Student." University of Colorado School 2013-present of Medicine, Aurora, Colorado 2013 ICC 7001 "Introduction to Presentation Skills." University of Colorado School of Medicine, Aurora, Colorado 2012 IDPT 5000: "SOAP Note Writing." Facilitated small group of first-year students on how to write SOAP notes. Met once for 2 hours. University of Colorado School of Medicine, Aurora, Colorado IDPT 5001: "Cadaver as First Teacher." Facilitated small group discussion 2010-present about the experience of gross anatomy and provided feedback on writing assignments to first year medical students. Met once for 2 hours. Facilitated three separate groups. University of Colorado School of Medicine, Aurora, Colorado 2010 "Seeing with Pictures: Improving Observation Skills," Foundations of Doctoring. Facilitated small group for 2 hours. University of Colorado School of Medicine, Aurora, Colorado 2009-10 ICC 7003: "Palliative Care session." Facilitated small group discussion on palliative care and end of life care of patients. Met for 2 hours. Facilitated 2 times. University of Colorado School of Medicine, Aurora, Colorado 2009-18 IDPT 5000: "Professionalism session", Foundations of Doctoring. Facilitated small group of first-year medical students. Facilitated course 4 times. Met for 2 hours. University of Colorado School of Medicine, Aurora, 2007-12 Problem-based learning I and II. Facilitate small group of students. Meet weekly for 2 hours for 2 years. Have facilitated two separate groups. University of Colorado School of Medicine, Aurora, Colorado 2008 Physical Exam Skills: Cardiovascular Exam. Taught 6 groups of students about approaching and performing the cardiovascular exam. Met for 3 hours. University of Colorado School of Medicine, Aurora, Colorado 2008 "Healer's Art." Facilitated a small group of first-year students on this elective that dealt with areas of difficulty for medical students and physicians. Met 3 hours per week for a total of 5 sessions. University of Colorado School of Medicine, Aurora, Colorado 2005-present "Hidden Curriculum." Helped with development of topics and assignments and also facilitated small group discussion for third and fourth -vear medical students on their clinical clerkships and provide feedback on their writing assignments. These sessions are designed to provide the students with a safe space to discuss issues that occur on their clinical rotations. Meet 2 hours once per quarter (though previously once every 6 weeks). Have facilitated 12 separate groups. University of Colorado School of Medicine, Denver, Colorado 2008-11 ICC 7003: "Reflective Writing." Facilitated small group discussion on reflective writings by third year medical students. Facilitated 3 times. University of Colorado Denver School of Medicine, Aurora, Colorado



of small groups for fourth year medical students, conducted large group sessions and critiqued students' response essays. Provided mentorship to students in my small group. Met once every 4 weeks for 1 hour, for a total of 10 meetings. Northwestern University, Feinberg School of Medicine, Chicago, Illinois "Profession of Medicine." Facilitated small group discussions for second 2002 year medical students and also critiqued journal entries. Met 2 hours per week for 7 weeks. Facilitated 2 separate groups. Northwestern University, Feinberg School of Medicine, Chicago, Illinois "Program in Communication Medicine." Led small group discussion for first 2002 year medical students and then gave students feedback on practice sessions with patient instructor. Met 2 hours per week for a total of 13 meetings. Northwestern University, Feinberg School of Medicine, Chicago, Illinois VA Medicine Ethics conference. Monthly conference for third year medical 2001-2002 students on medicine clerkship. Co-facilitated discussions. North Chicago VA, Northwestern University, Feinberg School of Medicine, Chicago, Illinois 2002 "Physical Exam Clinical Skills," Instructed first year medical students in physical examination skills. Met 2.5 hours per week for a total of 12 weeks. Northwestern University, Feinberg School of Medicine, Chicago, Illinois 2001 "Ethics and Values." Facilitated small group discussions for first year medical students and also taught large group sessions. Developed cases and teachings for large groups sessions. Critiqued journal entries. Met once per week for two hours for a total of 13 meetings. Northwestern University, Feinberg School of Medicine, Chicago, Illinois Workshops 2016-2020 "Meditation and Mindfulness." Elective workshop for medical students. Taught students meditation and mindfulness techniques. Met for 1 hour, 20 participants 2018-2020 Wellness lunch series. Required wellness sessions for Advisory College students. Facilitated 1-hour sessions for 2 separate groups on 2 separate occasions. **Curriculum Developments** 2022-present Compass Conversations sessions. Developed sessions and implemented them in the Foothills of Trek curriculum. University of Colorado School of Medicine, Aurora, Colorado 2018-2020 Wellness and Resiliency sessions. Proposed, designed, and implemented required one-hour sessions for first-year medical students. Provided faculty trainings, developed the content, and the evaluation surveys. University of Colorado School of Medicine, Aurora, Colorado Hidden Curriculum sessions. Expanded the number of sessions and revised 2014-present all sessions to incorporate mindfulness and reflective practice. Integrated the sessions with the Advisory College Program. Implemented ongoing quality improvement by creating surveys to evaluate changes. University of Colorado School of Medicine, Aurora, Colorado

2010-present	"Electrocardiograms Made Simple." Developed learning tool for students rotating on ambulatory clerkship, University of Colorado School of
	Medicine, Denver, Colorado
2009- 2016	Humanities Elective, explore creative writing and visual arts to help promote professional values, for first-and second year medical students, University of
2008-2009	Colorado School of Medicine, Aurora, Colorado "Dear Third Year Student." Writing project as part of hidden curriculum in which rising 4 th year students wrote letters of advice to rising 3 rd year
2004	students. Collected and edited letters to create booklet for rising 3 rd years. University of Colorado Denver School of Medicine, Aurora, Colorado "Imagining the Other." Seminar in the Medical Humanities, Patient Physician and Society curriculum. Course developer and instructor. Students used writing and visual media to express concepts and to help them understand the perspectives and lives of others. Created publication of
2003	students' works. Taught seminar twice to first- and second year medical students, respectively. Each seminar met 2 hours per week for 5 weeks. Northwestern University, Feinberg School of Medicine, Chicago, Illinois "The Healing Muse." Seminars in the Medical Humanities, Patient Physician and Society curriculum. Course developer and instructor for this seminar about the use of visual media to understand concepts of suffering, death and the perspectives of others. Created publication of students' works. Seminar
2002-2003	taught to second year medical students. Met once per week for 2 hours, a total of 5 weeks. Northwestern University, Feinberg School of Medicine, Chicago, Illinois "Writing the Other." Seminars in the Medical Humanities, Patient Physician and Society curriculum. Course developer and instructor for three separate seminars on this topic, taught to first- and second-year medical students. Students learned techniques of writing to understand the perspectives of others. Each seminar met 2 hours per week for 5 weeks each. Northwestern
	University, Feinberg School of Medicine, Chicago, Illinois
Clinical	
2008-2020	Director of Ambulatory Care rotation for medical students at Uptown Primary Care Clinic, Denver, Colorado, precept 3 rd and 4 th year medical students in clinic, provide bedside teaching, didactic sessions, and learning tools 25-30+ hours per week)
2008- 2020	Primary care preceptor, Foundations of Doctoring, serve as preceptor for students for four years of medical school, University of Colorado School of
2005-2010	Medicine, Aurora, Colorado (4-6 hours per week) Inpatient Service, Medicine Ward Attending, Presbyterian/St. Luke's, Denver, Colorado, provide bedside teaching, tailored didactic sessions, (20 hours per week)
2005-2008	Co-director of Ambulatory Care rotation at High St. Clinic, Denver, Colorado
2002-2004	Preceptor for 3 rd and 4 th year medical students on Primary Care clerkships in General Internal Medicine clinics, Northwestern University, Feinberg School of Medicine, Chicago, Illinois (15 hours per week)
Mentoring activit	ies

Mentoring activities

2022-present	Mentor for Caroline Smith and Caroline Walsh, STORIES, medical humanities student interest group, helped students to found new medical humanities interest group and serve as faculty mentor for the group,
2021-present	University of Colorado School of Medicine, Aurora, Colorado COMPASS guide, Pikes Peak College, part of advisory college system, responsibilities include providing coaching and mentoring for a specific group of eleven students as well as other students in years 3-4, University of
2021-present	Colorado School of Medicine, Aurora, Colorado Mentor for Archana Bharadwaj, Humanities elective, mentoring 4 th year student for reflective writing project, Central Michigan University College of Medicine, Mt. Pleasant, Michigan
2020-present	Nikita Deng, MSA, Empathy in Medicine, mentoring 3 rd year student on research project in the Humanities. University of Colorado School of Medicine, Aurora, Colorado
2021-present	Mock interviews, help 4 th year students practice interviewing skills for residency. University of Colorado School of Medicine, Aurora, Colorado
2016-present	Mentor, Gold Humanism Honor Society students, mentor students in promoting and editing annual <i>Letters</i> publication, University of Colorado School of Medicine, Aurora, Colorado
2012-2021	College Mentor for Eolus College, part of advisory college system,
2019	University of Colorado School of Medicine, Aurora, Colorado Mentor for LEADS student summer program for underserved students interested in a career in medicine. Mentored 2 students (Adom Netsanet and Erin McClarie). Assisted them in developing their project, taught them how to use video platform for editing. Reviewed all video and helped in editing.
2012-2013	University of Colorado School of Medicine, Aurora, Colorado MSA Mentor, Eric Fountain, served in mentoring student to present case report on NeuroBehcet's disease at national meeting and also publishing manuscript in national journal, University of Colorado School of Medicine,
2013-2014	Aurora, Colorado Mentor for Justine Migdall, who has served as assistant editor of <i>Letters to a Third Year Student</i> , University of Colorado School of Medicine, Aurora, Colorado
2010-2011	MSA Mentor, Kara Leach, provided mentorship to student on project around perception of female circumcision in the Masai people of Tanzania,
2010-2011	University of Colorado School of Medicine, Aurora, Colorado MSA Mentor, Dave Mendel, mentored student on project about the effects of zero gravity, University of Colorado School of Medicine, Aurora, Colorado
2022-present	Editor of <i>Letters to a Clerkship Student</i> . Collection of letters of advice, University of Colorado School of Medicine, Aurora, Colorado
2021	Editor of <i>Notes on the Clinic</i> . Collection of letters of advice, University of Colorado School of Medicine, Aurora, Colorado
2011-2021	Editor of Letters to a Third Year Student. Collection of letters of advice,
2011-2015	University of Colorado School of Medicine, Aurora, Colorado Mentor for a group of students over the four years of medical school, including serving as their Problem-Based Learning facilitator, facilitator for all reflective writing and professionalism sessions, providing additional

	preceptor clinical experiences, University of Colorado School of Medicine,
2010-11	Aurora, Colorado Faculty Judge, served twice, Student Research Forum, University of
2008- present	Colorado Denver School of Medicine, Aurora, Colorado Faculty Editor and Advisor for <i>The Human Touch</i> literary journal, University of Colorado Anschutz Medical Campus, Aurora, Colorado
2008- 2009	Editor of "Dear Third Year Student" collection of essays, University of Colorado School of Medicine, Aurora, Colorado
2007-11	Mentor a group of students over the four years of medical school, including serving as their Problem-Based Learning facilitator, Hidden Curriculum adviser, facilitator for all reflective writing, palliative care, and professionalism sessions, University of Colorado School of Medicine, Aurora, Colorado
2008-2009	Faculty mentor for student on Humanities elective (Amanda Meyer). Focus of study: women's literature on women's health issues, University of Colorado School of Medicine, Aurora, Colorado
2008-2009	Mentor for 4 students interested in Medical Humanities MSA projects, University of Colorado Denver School of Medicine, Aurora, Colorado
2007	Mentor for student doing MSA project on poetry (Luke Mease), University of Colorado Denver School of Medicine, Aurora, Colorado
2006	Preceptor, underserved college student (Seun Diran) who was interested in a medical career, University of Colorado School of Medicine, Denver, Colorado
2001-2004	Co-mentor for Advisory college at Northwestern (Ahluwalia college), Northwestern University, Feinberg School of Medicine, Chicago, Illinois
2001-2003	Core Faculty for Advisory college at Northwestern (Reifler college), Northwestern University, Feinberg School of Medicine, Chicago, Illinois
2002-2004	Mentor, female medical student as part of association for female medical students and physicians, Northwestern University, Feinberg School of Medicine, Chicago, Illinois
2004	Creator and Editor of <i>Imagining the Other</i> journals, one for first-year medical students and one for second year medical students, Northwestern University, Feinberg School of Medicine, Chicago, Illinois
2001-2003	Creator and Editor of <i>Writing the Other</i> literary journal, for first- and second- year medical students, Northwestern University, Feinberg School of Medicine, Chicago, Illinois
Lecturer	Medieme, emedge, miner
2015-present	"Hidden Curriculum." ICC 7001, introduced concepts of the hidden curriculum and medical acculturation to third year students. University of
2011-2022	Colorado School of Medicine, Aurora, Colorado "Letters to a Third Year Student." ICC 7001, Foundations of Doctoring. Presentation of booklet publication containing letters of advice for third year students from fourth year students. University of Colorado School of
2007	Medicine, Aurora, Colorado "Cadaver as First Patient." First year medical students lecture, University of Colorado School of Medicine, Denver, Colorado

2003	"Caring for Dying Patients, Death and Codes." Patient, Physician, and
	Society III, Northwestern University, Feinberg School of Medicine, Chicago,
	Illinois
2003	"Inspiring and Regrettable Behavior." Patient, Physician, and Society III,
	Northwestern University, Feinberg School of Medicine, Chicago, Illinois
2002	"Professional Perspectives I: Cultural Issues." Patient, Physician, and
	Society IV, Northwestern University, Feinberg School of Medicine,
	Chicago, Illinois
2001	"Surrogate Decision-making." Ethics and Values, Patient, Physician and
	Society curriculum, Northwestern University, Feinberg School of Medicine,
	Chicago, Illinois

Postgraduates

Workshops /	Curriculum I	Developments

2014-2020	"Mindfulness and Meditation." Interactive Workshop for Primary Care
	residents, Uptown Primary Care, Denver, Colorado
2013-2020	"Meditation." Interactive Workshop for Transitional Year interns, workshop
	given on a quarterly basis, Presbyterian/ St. Luke's, Denver, Colorado
2015	"Narrative peer teaching." Facilitated small groups sessions of writing
	narratives for Primary Care residents, Uptown Primary care clinic, Denver,
	Colorado
2013	"Reflecting on Healing Moments." Writing Workshop for Transitional Year
	interns, Presbyterian/ St. Luke's, Denver, Colorado
2012	"Reflective Writing to Enhance Empathy and Prevent Burnout." Writing
	Workshop for Transitional Year interns, Presbyterian/St. Luke's, Denver,
	Colorado
2010	"Reflections on Humbling Moments." Writing Workshop for Transitional
	Year interns, Presbyterian/ St. Luke's, Denver, Colorado
2009	"Inspiring Moments in Medicine." Writing Workshop for Internal Medicine
	residents, University of Colorado Denver School of Medicine, Aurora,
	Colorado
2007	"Medical Errors: A Writing Workshop." Writing Workshop for Transitional
	Year interns, Presbyterian/St. Luke's, Denver, Colorado

Course Participant 2011-2020 Delivering Bad News. Standardized Patient exercise for Primary Care

Internal Medicine residents. Uptown Primary Care clinic, Presbyterian/St.
Luke's, Denver, Colorado and at CAPE, University of Colorado Denver
School of Medicine, Aurora, Colorado
Preceptor, Primary Care Internal Medicine residents in Continuity Clinics,
Presbyterian/St. Luke's, Denver, Colorado (16 hours per week)
Inpatient Service, Medicine Ward Attending, Presbyterian/St. Luke's,
Denver, Colorado (20 hours per week), bedside teaching, didactic sessions
Preceptor, Primary Care Internal Medicine residents in Continuity Clinic,
Northwestern University, Feinberg School of Medicine, Chicago, Illinois

Mentoring activities

2008	Mentor, Transitional Intern on probation, Presbyterian/ St. Luke's, Denver, Colorado
2007	Mentor, Primary Care Internal Medicine resident (Erin Kahler) with abstract for 30thAnnual Meeting of Society of General Internal Medicine, Toronto, Canada
2005-2020	Mentor for Primary Care Internal Medicine residents, University of Colorado School of Medicine, Denver, Colorado
Lecturer	
2019-2020	"Colorectal Cancer Screening." Continuity clinic talk. Uptown Primary Care, Denver, Colorado
2016-2020	"Patient Safety." Series of conferences. Uptown Primary Care, Denver, Colorado
2015-2020	"Advanced Directives." Clinic conference. Uptown Primary Care, Denver, Colorado
2011	"Ethics and Palliative Care Case Conference." Noon Conference, Presbyterian/ St. Luke's, Denver, Colorado
2011	
2011	"Ethics Conference and MOST Update." Noon Conference, Presbyterian/ St. Luke's, Denver, Colorado
2006-11	"Heavy Metals." Noon Conference, Presbyterian/ St. Luke's, Denver,
	Colorado
2006-11	"Meditation." Noon Conference, Presbyterian/ St. Luke's, Denver, Colorado
2006-12	"Syncope." Clinic Conference. High Street Clinic, Denver, Colorado
2005-2020	"HIV screening." Clinic Conference. Uptown Primary Care Clinic, Denver,
2003-2020	Colorado
2000 11	
2009-11	"Anemia." Clinic Conference. High Street Clinic, Denver, Colorado
2007-12	"Cardiac Exam." Clinic Conference. High Street Clinic, Denver, Colorado
2005-2020	"Diagnosis and Treatment of COPD." Clinic Conference. Uptown Primary Care clinic, Denver, Colorado
2005-14	"Management of URI." Clinic Conference. High Street Clinic, Denver,
	Colorado
2007-14	"End of Life Care." Clinic Conference. High Street Clinic, Denver, Colorado
2006-2020	"Hemochromatosis." Clinic Conference. High Street Clinic, Denver,
2000-2020	Colorado
2006-10	"Peripheral Neuropathy." Clinic Conference. High Street Clinic, Denver,
2000-10	Colorado
2009-10	"Eosinophilia." Clinic Conference. High Street Clinic, Denver, Colorado
2005-10	
2003-13	"Placebo Effect." Noon Conference, Presbyterian/ St. Luke's, Denver,
2000	Colorado
2008	"Proteinuria." Clinic Conference. High Street Clinic, Denver, Colorado
2007	"Ethics Case Conference." Noon Conference Presbyterian/ St. Luke's, Denver, Colorado
2005-6	"Changing Health Behaviors." Clinic Conference. High Street Clinic, Denver, Colorado
2000	"Can the Study of the Humanities Teach Us to Be More Humane
2000	
	Physicians?" Advances in Medicine Noon Conference, University of
	Wisconsin Hospital and Clinics

"Women in Medicine: Past, Present and Future." Advances in Medicine Noon Conference, University of Wisconsin Hospital and Clinics, Madison, Wisconsin
 "Body Mass Index and Mortality." Journal Club, University of Wisconsin Hospital and Clinics, Madison, Wisconsin

Faculty

Local V	Vorkshor	Developer	and	Coordinator
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Local Workshop L	Developer and Coordinator
2015-present	Faculty development workshops, created and implemented multiple
	interactive 1- hour faculty development workshops for Hidden Curriculum
	sessions and Compass conversations sessions. University of Colorado
	School of Medicine, Aurora, Colorado
2021	"Meditation." Workshop coordinator, interactive workshop for clinical staff,
	CPWC educational session, Veterans Administration, Aurora, Colorado
2021	"Race and Disparities in Healthcare." Workshop coordinator, interactive 1-
	hour workshop on examining personal biases and recognizing how these
	may affect care provided, CPWC educational session, Veterans
	Administration, Aurora, Colorado
2021	"Reflective Writing Workshop: New Year, New Reflections." Workshop
	Co-Coordinator, 1.5-hour workshop, interdisciplinary workshop employing
	reflective writing, Pediatrics Emergency Medicine. Children's Hospital,
	Aurora, Colorado
2020	"Reflective Writing Workshop: Practicing Gratitude." Workshop Co-
	Coordinator, 1.5-hour workshop, interdisciplinary workshop employing
	reflective writing, Pediatrics Emergency Medicine. Children's Hospital,
	Aurora, Colorado
2020	"Reflective Writing Workshop: Community Through Reflection." Workshop
	Co-Coordinator, 1.5-hour workshop, interdisciplinary workshop employing
	reflective writing, Pediatrics Emergency Medicine. Children's Hospital,
2020	Aurora, Colorado
2020	"Reflective Writing Workshop: Resiliency Through Reflection." Workshop
	Co-Coordinator, 1.5-hour workshop, interdisciplinary workshop employing
	reflective writing, Pediatrics Emergency Medicine. Children's Hospital,
2020	Aurora, Colorado
2020	"Reflective Writing Workshop: Finding Inspiration During Challenging
	Times." Workshop Co-Coordinator, 1.5-hour workshop, interdisciplinary
	workshop employing reflective writing, Pediatrics Emergency Medicine.
2017-2020	Children's Hospital, Aurora, Colorado "Patient Safety retreats." Workshop Coordinator, 3-hour biannual
2017-2020	interdisciplinary, interactive workshops to promote a safe patient culture.
2005	"Imagined Voices." Workshop Coordinator, Work in Progress,
2003	Northwestern University Feinberg School of Medicine, Chicago, Illinois
Clinical	Northwestern Oniversity remoting school of wedlenie, Chicago, minors
2011-2016	Human Values Consultant, established Human Values subcommittee to
2011 2010	educate and support hospital staff around issues of moral distress,
	Presbyterian/St. Luke's Medical Center, Denver, Colorado (hours vary)
	11000 terrain on Lake 5 interior content, Denver, Colorado (notis vary)

Ethics Consultant, educate and support committee members and hospital

staff about Ethical principles and approach to cases (hours vary)

Mentoring activities

2019-present Mentor for Pediatrics Emergency Medicine faculty (Julia Bruckner).

Mentored faculty to design writing workshops, to apply for grant funding to implement workshops, and to edit a book on reflective writing workshops.

Lecturer

2013-2016 "Ethics." Educational session for Ethics committee, Presbyterian/ St. Luke's,

Denver, Colorado

2010 "Approach to Care of a Minor from a Different Culture." Educational

session for Ethics committee, Presbyterian/St. Luke's, Denver, Colorado

2010 "Futility." Educational session for Ethics committee, Presbyterian/ St.

Luke's, Denver, Colorado

"Cardiovascular disease in Pregnancy." Women's Health Conference,

University of Wisconsin Hospital and Clinics, Madison, Wisconsin

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Peer-Reviewed Articles

Gregory Makoul, PhD, <u>Anjali Dhurandhar, MD</u>, Mita Sanghavi Goel, MD, MPH, Denise Scholtens, PhD, Alan S. Rubin, MD Communication About Behavioral Health Risks: A Study of Videotaped Encounters in 2 Internal Medicine Practices. *Journal of General Internal Medicine*. Volume 21, Issue 7, Page 698. July 2006 http://onlinelibrary.wiley.com/doi/10.1111/j.1525-1497.2006.00467.x/pdf

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Eric Fountain, MD, <u>Anjali Dhurandhar, MD</u>. Neuro-Behcet's Disease: An Unusual Cause of Headache. *Journal of General Internal Medicine*

http://link.springer.com/article/10.1007/s11606-014-2781-5

Book Chapters

Jones, T, Dhurandhar, A. Letters to a Third Year Student, Keeping Reflection Fresh: Top Educators Share Their Innovations in Health Professional Education." (Kent State University, 2016)

Other Publications

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<u>Dhurandhar, A.</u> River of Haiku. *Perspectives(* literary journal), vol 2, no 1. (Louisiana State University Medical Center, New Orleans, Louisiana, Winter1997)

<u>Dhurandhar, A.</u> The Theater in the Black Hills. *Perspectives* (literary journal), vol 2, no 1. (Louisiana State University Medical Center, New Orleans, Louisiana, Winter1997)

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Dhurandhar, A. Entangled. Hektoen International, September issue vol 3, issue 3, 2011

Letters to a Third-Year Student, eds. T Jones and <u>A Dhurandhar</u> (University of Colorado School of Medicine: Arts and Humanities in Healthcare Program, 2011).

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<u>Dhurandhar, A.</u> Five Words about My Hometown. *The Human Touch Journal* University of Colorado Anschutz Medical Campus, Aurora, Colorado, volume 5, 2012

<u>Dhurandhar, A.</u> Arches National Monument. *The Human Touch Journal*, University of Colorado

Anschutz Medical Campus, Aurora, Colorado, volume 5, 2012

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Letters to a Third-Year Student, eds. I Jones, A Dhurandhar, J Migdall. (University of Colorado School of Medicine: Arts and Humanities in Healthcare Program, 2013).

<u>Dhurandhar</u>, <u>A</u>. Metamorphosis. *The Human Touch Journal* University of Colorado

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"How General Internist Communicate with Patients about Health Risk Behaviors: A Direct Observational Study." <u>Dhurandhar, A</u>, Makoul, G. Mack Lipkin Sr. Finalist at 26th Annual Meeting of the Society of General Internal Medicine, Vancouver, British Columbia, May 2003 "How Physicians Discuss Issues of Pain." <u>Dhurandhar, A</u>, Rintamaki, L, Makoul, G. Research and Teaching Forum conference, American Academy on Physician and Patient, Indianapolis, Indiana,October 2004

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Local	
2002	

2003	"How General Internists Communicate with Patients about Health Risk
	Behaviors." GIM Research Conference, Division of General Internal
	Medicine, Northwestern University, Feinberg School of Medicine, Chicago,
	Illinois
2003	"How General Internists Communicate with Patients about Health Risk
	Behavior: A Direct Observational Study." Ambulatory Care conference,
	Division of General Internal Medicine, Northwestern Medical Faculty
	Foundation, Chicago, Illinois
2007	"Improving Cardiac Auscultation." Teachers Scholars Program, University
	of Colorado School of Medicine, Aurora, Colorado
2008	"Sources of Stress and Methods of Coping in Third Year Medical Students."
	Teachers Scholars Program, University of Colorado School of Medicine,
	Aurora, Colorado

Poster Presentations

National

<u>Dhurandhar, A.</u> Writing the Other: A Creative Writing Seminar for First and Second Year Medical Students. National Meeting of Society of General Internal Medicine. Vancouver, British Columbia; May 3, 2003

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INTERESTS

Painting, improvisational comedy, creative writing, dance, cooking, tennis, reading, travel.