

**ABBREVIATED CURRICULUM VITAE
JEAN TRUMPLER ABBOTT, MD, MH**

PRESENT POSITIONS:

- Volunteer Faculty, Center for Bioethics and Humanities, CU Health Sciences Center, Aurora CO & retired faculty, General Internal Medicine
- Professor Emerita, Department of Emergency Medicine, CU School of Medicine
- University Hospital Ethics Committee, member since 1995.
- TRU Hospice and Community Care Ethics Committee, member since 2016.
- Boulder Community Health Ethics Committee, member since 2012
- Secretary, Colorado Healthcare Ethics Resource group, 2020 – present.

EDUCATION

College: Bryn Mawr College, 1969, BA, Magna cum laude, political science.
Medical School: University of Pennsylvania, MD, 1973.
Internship: San Joaquin General Hospital, Stockton, CA, 1973-74.
Master of Humanities University of Colorado, Denver, 2003; philosophy & bioethics

PROFESSIONAL APPOINTMENT HISTORY

Faculty, General Internal Medicine, 2017- present, now retired.
Professor Emerita, Emergency Medicine, 2013-present.

Professor, Emergency Medicine Department, July 2005, “retired” from FT faculty appointment, July 2008; retired from ED clinical service, June 2013. (Appointment to EM faculty in 1985; promotion to Associate Professor in 1995.)

ED Staff Physician:

Tuba City Regional Indian Health Service Hospital: 1999 – 2013.
Physician, Himalayan Rescue Association, Manang Clinic, Nepal; Spring 2000.
Community Emergency Medicine 1975 - 1985: Boise ID, Lewiston ME, Duluth MN,
Boulder/Longmont/Loveland/Wheatridge CO.

HONORS & CERTIFICATIONS

Magna Cum Laude: Bryn Mawr College, 1969
Outstanding Teaching Award: Central Maine Medical Center FP Residency; 1984-1985
UCHSC, Clinician of the Year: Denver Affiliated Residency in Emergency Medicine, 1989
Robert C. Jordan Master Teacher Award; Class of 1993, Denver Affiliated Residency in EM.
Appreciation Award, Denver Health Residency in Emergency Medicine, September, 2000.
Pfizer National Humanism in Medicine nominee from University of Colorado School of
Medicine, 2001.

Excellence in Teaching Award, Medical School Class of 2006 for 2003-4 academic year; May, 2004.

Veritas Award, Center for Bioethics and Humanities, UCHSC, May, 2004.

Lifetime Achievement Award in Emergency Medicine Education, Denver Health Emergency Medicine Residency, June, 2008.

Peak Performers Award 2010 from Rocky Mountain Hospitalists, October 2010

2012 SAEM Advancement of Women in Academic Emergency Medicine Award May 2012

Colorado ACEP Legacy Award in Emergency Medicine, January 2017

Diplomate, American Board of Emergency Medicine (lifetime Fellow) 1982-2017
 Certification: 1981-1991; 1989-1999; 2000-2010; 2009-12.31.2019

Educating Physicians in End-of-Life Care (EPEC) Program Trainer 2001-present
 Master Trainer, EPEC-EM 2006-present

National Certification, Healthcare Ethics Consultation (HEC-C) Nov, 2018

Recognition Award, Colorado Department of Public Health and Environment, for leadership and contributions during Colorado's COVID-19 Response January, 2021

SUMMARY OF RECENT NATIONAL & REGIONAL ACADEMIC & PROFESSIONAL SERVICE, LECTURES & PRESENTATIONS (2019 – present):

Northwest Regional Medical Center, Scottsbluff NE: Ethics Day, multiple lectures and grand rounds (8 hours), January 2019.

Boulder Valley Care Network: Videotaped talk to providers on “What do physicians need to know about ACP” for CME, plus role-play. Fall 2019.

CHEF Conference, April 2019:

- Literature Review
- Is Informed Consent Possible with Heroic Interventions (with Kristin Furfari)
- What is “Reasonable Effort” before physician proxy search: a debate. (with Constance Holden)

Colorado Guardianship Forum, discussion and presentation, April 2019.

Cheyenne Regional Medical Center, Half day of ethics consultation retreat, May 2019.

Community Ethics Committee presentation, Avista for Dr. Johnathon Ward, May 13, 2019.

“Social Determinants of Health: What is Our Role?” Ethics Forum panelist at National Nurse Practitioner Symposium, Keystone, July 2019.

Withholding and Withdrawing: Are they really the same? With Kristin Furfari, 2019 Palliative Care Days, CU Anschutz, October 2019.

Craig Rehabilitation Hospital: Advance Directives – for 30 Ethics, SW and 30 staff, Jan 10, 2020.

Anschutz Palliative Care Fellowship Rounds: “Pandemic Ethics” March 23, 2020.

Ethics Committee work, Avista for Dr. Johnathan Ward:
Ethics Consultation Workshop, 5 hours, March 4, 2020
Ethics Committee meeting, March 31, 2020 Zoom discussion

Multiple Webinars/Zoom talks for Frasier Retirement home, First Congregational Church Boulder on Pandemic ethics, advance care planning.

Advance Directives in the time of COVID-19: Myths, Facts and Ethical Challenges: Webinar for Center for Bioethics and Humanities & Multidisciplinary Center on Aging. June 18, 2020; Co-presenter, 250(?) people on Zoom.

Ethics in the time of COVID. Rocky Mountain Hospitalist Conference, 1-hour lecture, February, 2021.

“Lessons from the Field: An ethicist, a funeral specialist and a doctor talk about death.” Alzheimer’s Association Conference on Dementia, March 2021, panelist.

Medical Ethics 201: Hospital Ethics Consultation in 2021. 4-hour workshop. Porter Adventist Hospital, April, 2021.

Ethics in the Acute Care Hospital: Consultation, Policy and Education, Avista Ethics Committee workshop, Louisville CO, May 2021.

Challenges in Care: What have we learned from COVID-19? National Nurse Practitioner Symposium, Keystone, with Nancy Rudner, DrPH, APRN, Keystone CO, July 2021.

Ethical Pandemic Challenges: The 2021 Version. Delta Memorial Hospital, August 2021.

The Ethical Challenges of COVID: What dilemmas have been exposed? Penrose-St. Francis Ethics Committee, Colorado Springs, October 2021.

Medical Grand Rounds: Safe Enough Discharge, Montrose Medical Center, March 2022.

COMMUNITY BIOETHICS OUTREACH INITIATIVES:

Co-Founder, The Conversation Project in Boulder County, 2013 – present. Grant from Colorado Health Foundation for \$230K over two years (hired director – volunteer and presenter with this initiative).

Osher Lifelong Learning Institute (OLLI) Denver: Hospital Ethics Consultation Challenges, February 2020.

Colorado Guardianship Forum, discussion and presentation on Decision-Making for Guardians, July 2020, with Dr. Hillary Lum.

Osher Lifelong Learning Institute (OLLI) Denver: Controlling and Hastened Death, Zoom from Boulder, Fall 2020.

Academy for Lifelong Learning, Denver: Challenging cases in clinical ethics 2020, Fall 2020.

Osher Lifelong Learning Institute (OLLI) Denver: Elderhood by Louise Aronson, Jan/February 2021, 16-hour Zoom educational course with Dr. Bob Steele.

“Demystifying Dementia” – planning for yourself or a loved one. 1 ½ hour seminar, Frasier Retirement Campus, March 2021.

“Our Conscience and Healthcare,” Council for World Affairs, Boulder, April 2021.

“Medical Aid in Dying: What does it Mean for Me?” Conversation with a chaplain, Frasier Retirement Community, March 2022.

“Planning for the Future: What You, Your Family and Your Health Care Provider Need to Know.” Community presentation with Dr. Elizabeth Cruse, July 2022.

“Challenging cases in clinical ethics 2022.” Academy for Lifelong Learning,” Denver Fall 2022.

Pandemic Related Outreach, February 2020 – present:

Colorado Healthcare Ethics Resource Gathering – March 2020-present:

Secretary, weekly (now monthly) meetings

Participated in creation of:

- Colorado Triage Guidelines for Crisis Standards of care
 - Crisis Standards of Care for Palliative Care and Hospice
 - Creation of video education for providers (with team): Establishing goals of care; determining a medical durable power of attorney; managing terminal symptoms.
- Member, Content Expert Panel to Dr. Steve Cantrill and GEEERC, March – May, 2021
- Advisor and participant, hospice subgroup of CHER
- Hospice Webinar: Colorado Crisis Standards of Care – Palliative Care & Hospice, with Hospice Analytics (Cordt Kassner), June 4, 2020.

Other topical state work on infrastructure planning for Advance Care Planning,

Alternate sites, verbal signatures for ADs, training primary care physicians for serious illness care.

Member, Governor's Medical Advisory Committee on medication allocation, November 2020-present. ("essential medications" subcommittee)

- Presentations, Governor's Expert Emergency Epidemic Response Committee with proposal for CO Palliative and Hospice Care Crisis Standards: May 14, 2020, and presentation with approval, June 18, 2020.
- Telligen presentation: Crisis Standards for Long Term Care facilities, May 14, 2020
- State Chronic Care Collaborative, presentation on Crisis Standards of Care for Palliative Care and Hospice, June 3, 2021.
- Member, Boulder Community Health Pandemic Triage Team, March – December 2021.
- Member, University of Colorado Hospital Triage Support Team, June – December, 2021.

CU Master of Science in Palliative Care PROGRAM:

Ethics curriculum lead, hybrid 2-year curriculum, primarily on-line, 2016 to August 2022.

15 3-hour modules created, edited, presented and graded annually:

- Ethical Analysis
- Decision-making capacity
- Truth-telling and confidentiality
- Heroic Interventions
- Hastened death
- Patient, family and provider disagreements
- Palliative sedation and VSED
- Values inventory and written ADs
- Informed consent and conscientious objection
- Justice and resource issues
- Advance Directives II
- Legal issues and advanced decision making
- Suicide and mental health ethics in palliative care
- Trauma and ED Palliative Care (medical and ethical content)
- Adolescent and Children: Ethical Considerations in Palliative Care

LOCAL AND REGIONAL SERVICE AND ADMINISTRATION:

- UCH Ethics Committee Member, 2000-present.
- Ethics Committee member, Boulder Community Hospital, 2012-present.
 - Working with physician groups on Advance Care Planning in the office, and link to EMR.

- 2020-2022 subcommittee: Safety of Staff in the face of combative patients: what to do?
- Ethics Committee member, TRU Hospice (non-profit Boulder County Hospice) 2016-present.
 - Education advising re MAID process and education for staff.
 - Ethics consultation feedback & consultant.
 - Staff education subcommittee 2022-present
- Ethics Consultation Committee member, American Clinicians Academy on Medical Aid in Dying, 2020 – present. Currently co-chair.
- Co-Founder, The Conversation Project in Boulder County, 2013 – present.
 - Primary role is in physician education (Longmont, Boulder and Clinica sites, and Salud Clinic Dec, 2018).

RECENT CU CAMPUS AND DHH EDUCATION CONTRIBUTIONS:

At UCD-HSC Medical and Professional Schools:

- Weekly Medical ICU Rounds to facilitate Ethics Discussions with provider teams: 2007 – 2020 (ended by COVID restrictions).
- Advance Directives and EOL module (with IM Faculty: Youngwerth, Lum) – 2 ½ hour small group MS III session ending each IM block every 6 weeks. (2014-2020.)
- ICC Session March 2016 – Lecture re. “Shared Decision-Making” and small group facilitator; MS IV students.
- Shared Decision-making 8004, ICC4; MSIII lecture and small group, March 2018, March 2019, 2020, 2021.
- Small group facilitator ICC sessions:
 - January 13 & 15, 2020; EOL MSIV sessions x 2.
- Emergency Medicine ethics/professionalism 2-hour module on end of life: January 22, 2020.
- Integrated clinician course, IDPT 7003 (May, error disclosure) & 8005 (March, shared decision-making).
- Denver Health EM Residency – co-presenter on Advance Directives, January 22, 2020 (EOL issues), also April 22, 2020 (Crisis Standards).

SOM & UCH Faculty, Staff Rounds:

- UCH Ethics Grand Rounds: Two Physicians Plan for Dementia, with Cari Levy, September 2019.
- UCH Palliative Care Fellowship Rounds:

- “Decision Making Capacity,” (annual – 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020).
- “Colorado’s End of Life Options Act”, May 2017, and April 2018, 2019, 2020.
- Emergency Medicine ethics/professionalism 2-hour module on domestic violence, May 2019
- Palliative Care Fellowship Rounds: “Decision Making Capacity,” August 2019; “Pandemic Ethics” March 23; “MAID in Colorado” April 6, 2020.
- Denver Health EM Residency – co-presenter on Advance Directives, January 22, 2020 (EOL issues), also April 22, 2020 (Crisis Standards).

PUBLICATIONS (recent highlights):

PEER REVIEW JOURNALS

Abbott J, Kerwin J, Holden C, Battin M, Miller C, Pope T. Ethical Conflict Between Nursing Commitments and Hospice “Leave the Room” Policies. Accepted for publication in June 2023 by American Journal of Nursing.

Abbott J, Ferraro K, Johnson D, Statland B, Massone J, Fowler C, Budai P, Cantrill SV. Colorado Palliative Care and Hospice Crisis Standards: Moving Beyond Critical Care Planning. J Pain Symptom Manage. 2020 Dec 19:S0885-3924(20)30936-2. doi: 10.1016/j.jpainsymman.2020.12.009. Epub ahead of print. PMID: 33348027.

Abbott J, Johnson D, Wynia M. Ensuring Adequate Palliative and Hospice Care During COVID-19 Surges. JAMA. 2020 Sep 21. doi: 10.1001/jama.2020.16843. Epub ahead of print. PMID: 32955547.

Berlinger N, **Abbott J**, Milliken A, et al. Access to Therapeutic and Palliative Drugs in the Context of Covid-19: Justice and the Relief of Suffering. Hastings Center, July 14, 2020. <https://www.thehastingscenter.org/access-to-therapeutic-and-palliative-drugs-in-the-context-of-covid-19/>.

Fink RM, Arora K, Gleason SE, Morrison KT, Robertson N, Knudson J, Sanute L, **Abbott J**, Earnest M, Bailey FA. Interprofessional Master of Science in Palliative Care: On Becoming a Palliative Care Community Specialist. J Palliat Med. 2019 Dec 30. doi: 10.1089/jpm.2019.0108. Online ahead of print.

Abbott J. The POLST Paradox: Opportunities and Challenges with Honoring Patient wishes in the ED. Annals Emerg Med. 2019; 73: 294-301.

Levy C, **Abbott J**. A Geriatrician and a Physician-Ethicist plan for the possibility of developing dementia. J Palliat Med 2019; 22: 116-120.

Furfari K, **Abbott J.** Withdrawing and withholding in the clinical arena. Am J Bioethics, 2019; 19: 45-7.

Glover J, Bennett-Woods D, **Abbott J.** Colorado's new physician proxy law: moving from statute to guideline., J Clin Ethics, Spring 2018.

Abbott J. Glover J, Wynia M. Accepting professional accountability: a call for uniform national data collection on medical aid-in-dying. Health Affairs blog, Nov 2017.

Bennett-Woods D, **Abbott J.** Glover J. Giving voice to the voiceless: the Colorado response to unrepresented patients. J Clin Ethics, Fall 2017.

RECENT BOOK CHAPTERS, MONOGRAPHS, and INVITED EDITORIALS:

EM-RAP: June 2022: Medical Ethics in the Heat of the Moment. **J Abbott** with host Rob Orman (30 min oral education session nationally distributed).

Wynia M, **Abbott J.** Little C. Ethical Issues in Preparing for and Responding to Viral Outbreaks and Bioterrorism, chapter in Preparing for Viral Outbreaks and Bioterrorism, publication pending by Elsevier, 2022.

Abbott J. Platnick B. Palliative Care and Advance Directives. In Emergency Medicine Secrets, 7th edition, submitted February 2019. Publication pending.

Cheney C. Healthleaders blog, March 29, 2019. 5 keys to honoring POLST Directives in Emergency Departments. Interview with me from Annals article on POLST.

EM-RAP: February 2018: Problems with POLST for the Emergency Physician, **J Abbott** with host Rob Orman (25 min oral education session nationally distributed).

Submitted for Publication:

Abbott J. Kassner C, Kassner C. Palliative Care and Hospice in the Pandemic: A Review of State Planning and Lessons not yet Learned. Submitted January 2023 to Journal Pain Sympt Manage.

RECENT ABSTRACTS AND PAPERS PRESENTED AT SCIENTIFIC MEETINGS

Abbott J. moderator. With P Battin, C. Miller, T DeWolf. Navigating ethical conflicts between professional ethics and institutional aid-in-dying policies. ASBH, Portland OR, October 2022.

Abbott J, Kassner CD, Kassner CT. Where is Palliative Care in Crisis Standards of Care? A Survey of State Planning. University of Colorado 2021 Palliative Care Research oral presentation, October, 2021.

Bennett KS, Fung P, **Abbott JT**. Capturing and Honoring Patients' Advance Care Preferences: Is the pen stronger than the voice? American Academy of Hospice and Palliative Medicine. 2019 Annual Assembly. (Presented by KSB)

Abbott J, Bailey FA. An Integrated Ethics Curriculum for Palliative Care, Abstract presentation: American Society for Bioethics and Humanities, Annual Meeting, October 2018.

- Poster presentation of same also, 11th Annual CU Palliative Care Days, October, 2018.

CURRENT PROFESSIONAL INTERESTS:

Ethics in Palliative Care & Hospice.
Advance Care Planning: challenges and conversations.
Dementia and advance planning.
Medical aid in dying: accountability and "best practices."

Continuing Education.

American Society of Bioethics and Humanities Annual Meeting, October 2018; 14.5 hours.
Colorado Healthcare Ethics Forum, June 2019; 16 hours.
14th Annual Palliative Care Days, Anschutz, aurora, October 2019, 8 hours.
National Clinician Conference on Medical Aid in Dying, Feb 14-15,2020; Berkeley CA, 13 hours.
American Society for Bioethics and Humanities. Portland OR, October 26-29, 2022. 20 hours.
National Clinician Conference on Medical Aid in Dying, pending February Feb 17-18, 2023, Portland OR. ? hours.
AAHPM, Abstract presentation, March 2023.

Outside Interests:

Piano.
Bicycling and travel (before the pandemic).
Ministry of Last Things, coordinator, 1st Congregational Church, Boulder CO, 2016 - present.
Family, including husband of 50+ years, 2 kids, granddaughter Emily, 19.
Educating within my retirement community about End-of-Life Planning.
The Conversation Project in Boulder County: cofounder & active presenter: 2013-present, involved in the organization's 150 presentations to 4,000 people.