

**CU Anschutz Multidisciplinary Center on Aging and Center on Bioethics  
Town Hall Webinar  
*Advanced Directives During COVID-19: Facts, Myths and Ethical Challenges*  
June 18, 2020**

**Advanced Care Planning Resources**

- [Prepare For Your Care](#) (Univ. of California, San Francisco) interactive organization helping people with medical decisions, vignettes
- [The Conversation Project](#) – National
- [The Conversation Project](#) - Boulder County, Colorado
  - Resources, forms, videos and stories:
    - **Conversation Starter Kit**
    - **Who Will Speak For You? How to choose and be a health care proxy**
    - **Conversation Starter Kit for Loved Ones of People with Alzheimer's/Dementia**
    - **How To Talk To Your Doctor**
    - **Pediatric Starter Kit: Having the Conversation with Your Seriously Ill Child**
    - **Free Advance Care Planning Help**
- [Colorado Care Planning](#)
- [CaringInfo](#), a program of the National Hospice
- [American Bar Association](#)
- [Death With Dignity](#) - National organization to support legislation, advocacy and research
- [Death Over Dinner](#) - How to have the conversation over dinner
- [The John A. Hartford Foundation](#) - Advanced Care Planning Research

[The Conversation Project Coaches](#) – specially trained volunteers will help you assess your values and wishes and prepare for a conversation with your family and your health care provider. They will also help you complete the Medical Durable Power of Attorney document. This is a free service. 303-250-4510, or email Amanda Meier at [amandameier@trucare.org](mailto:amandameier@trucare.org).

[Larimer Advance Care Planning Team](#) – trained volunteers will help you start or continue your advance care planning journey. They serve Larimer and parts of Weld County. They also offer [recursos en Español](#).

[Tomorrow's Choices](#) – provides community workshops designed to help people complete their advance care planning. One-on-one assistance also available. Services are focused for the Denver area.

[Systems of Care Initiative](#) – also providing advance directive guidance and coaching in Larimer and Weld Counties.

[The Colorado Gerontological Society](#) – offers workshops, educational events, and personal assistance with the advance directive process.

[Colorado Health Institute](#) – provides evidence-based data and information to inform policy, advance health, promote collaboration and support better access to care for all Coloradans.



Center for Bioethics and Humanities  
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Polst – provides explanation of portable medical orders, why they are important and what is included in them for your health care professional.

### Regalo De Paz

Preparando Mi Regalo de Paz es un programa educacional gratuito, presentado en español, acerca de cómo proporcionarle a usted y a sus seres queridos, el regalo de paz mental, sabiendo que sus deseos e intenciones se conocen para el final de su vida. Acompañenos a una presentación y discusión informal sobre los pasos para asegurarse que sus deseos sean comprendidos y honrados, en caso de que no pueda valerse por sí mismo. Cada sesión/clase es seguida por una segunda: en la cual el personal y los notarios pueden ayudarle a completar, de manera gratuita, los documentos legales de directivas anticipadas. Contáctese con nosotros para más información acerca de las próximas sesiones/clases: 303-651-8411 o 303-651-6125.

There are [other professionals](#) in our community who offer different or more in-depth advance care planning support. There is a fee for their services, but some will work on a sliding fee scale. We do not endorse their services but offer them as an additional resource. Some medical offices, attorneys and faith communities also offer support with advance care planning.