Advanced Care Planning Resources

- **Prepare For Your Care** (Univ. of California, San Francisco) interactive organization helping people with medical decisions, vignettes
- **The Conversation Project** – National
- **The Conversation Project** - Boulder County, Colorado
  - Resources, forms, videos and stories:
    - Conversation Starter Kit
    - Who Will Speak For You? How to choose and be a health care proxy
    - Conversation Starter Kit for Loved Ones of People with Alzheimer’s/Dementia
    - How To Talk To Your Doctor
    - Pediatric Starter Kit: Having the Conversation with Your Seriously Ill Child
    - Free Advance Care Planning Help
- **Colorado Care Planning**
- **CaringInfo**, a program of the National Hospice
- **American Bar Association**
- **Death With Dignity** - National organization to support legislation, advocacy and research
- **Death Over Dinner** - How to have the conversation over dinner
- **The John A. Hartford Foundation** - Advanced Care Planning Research

**The Conversation Project Coaches** – specially trained volunteers will help you assess your values and wishes and prepare for a conversation with your family and your health care provider. They will also help you complete the Medical Durable Power of Attorney document. This is a free service. 303-250-4510, or email Amanda Meier at amandameier@trucare.org.

**Larimer Advance Care Planning Team** – trained volunteers will help you start or continue your advance care planning journey. They serve Larimer and parts of Weld County. They also offer recursos en Español.

**Tomorrow’s Choices** – provides community workshops designed to help people complete their advance care planning. One-on-one assistance also available. Services are focused for the Denver area.

**Systems of Care Initiative** – also providing advance directive guidance and coaching in Larimer and Weld Counties.

**The Colorado Gerontological Society** – offers workshops, educational events, and personal assistance with the advance directive process.

**Colorado Health Institute** – provides evidence-based data and information to inform policy, advance health, promote collaboration and support better access to care for all Coloradans.
Polst – provides explanation of portable medical orders, why they are important and what is included in them for your health care professional.

Regalo De Paz
Preparando Mi Regalo de Paz es un programa educacional gratuito, presentado en español, acerca de cómo proporcionarle a usted y a sus seres queridos, el regalo de paz mental, sabiendo que sus deseos e intenciones se conocen para el final de su vida. Acompáñenos a una presentación y discusión informal sobre los pasos para asegurarse que sus deseos sean comprendidos y honrados, en caso de que no pueda valerse por sí mismo. Cada sesión/clase es seguida por una segunda: en la cual el personal y los notarios pueden ayudarle a completar, de manera gratuita, los documentos legales de directivas anticipadas. Contáctese con nosotros para más información acerca de las próximas sesiones/clases: 303-651-8411 o 303-651-6125.

There are other professionals in our community who offer different or more in-depth advance care planning support. There is a fee for their services, but some will work on a sliding fee scale. We do not endorse their services but offer them as an additional resource. Some medical offices, attorneys and faith communities also offer support with advance care planning.