



Your Family Care Benefits



Your Benefits Include:

Care.com Membership

Access to the largest online community for care for children, adults, pets, tutoring, housekeeping and more

Child Backup Care

Subsidized and vetted care for children when your regular care is not available

Adult Backup Care

Subsidized and vetted care for adults when your regular care is not available

LifeMart

Online platform providing offers and discounts on products and services nationwide.

Backup Care Details:

- Benefit Year: Sept. 25 – Sept. 24
- 10 days per year
- \$6/hr for in-home Backup Care
- \$20/child/day for in-center Backup Care

For additional information or to enroll, go to:
cuanschutz.edu/caregivers

Email for additional support:
hr.familysupportprogram@cuanschutz.edu

Care.com Membership

Enjoy all the privileges that come with the Premium Care.com Membership

- Free! Enroll at cuanschutz.edu/caregivers
- Find help for regular and planned care needs for children, adults, pets, tutoring, distance learning, housekeeping and more
- Detailed profiles including experience, availability, reviews and ratings
- Background check options available
- 24/7 access via desktop, mobile web and Care.com App



Backup Care

Subsidized, vetted care for children, adults when regular care isn't available.

- Request care at client cuanschutz.care.com or call 855-781-1303
- In-home or in-center childcare options,
- In-home backup care for adults can be used for your adult loved ones or yourself
- Personalized, needs-based matching from caregivers and centers in the Care.com Backup Care network.
- Plan ahead! Schedule care when you know your regular care will not be available

10 days of Backup Care per year (Sept. 25 – Sept. 24)
\$6/hour for In-home Backup Care
\$20/child/day for In-center Backup Care



Adult Backup Care

Subsidized, vetted care for adults when it's needed most.

- Access via cuanschultz.care.com, or call [855.781.1303](tel:855.781.1303)
- Help to alleviate stress and missed work with in-home adult care.
- Caregivers can provide transportation to and from appointments, errands, and other locations
- Available for yourself, parents, grandparents, spouse family members and other adult loved ones across the United States
- Caregivers may be certified nurse's aides, home health aides, or experienced elder care companions

10 days of Backup Care per year (Sept. 25 – Sept. 24)
\$6/hour for In-home Backup Care



LifeMart

Online platform providing offers and discounts on products and services nationwide.

Save money on everyday expenses like:

- Child Care centers
 - Senior care products and services
 - Groceries and restaurants
 - Pet Care
 - Gym, fitness, and wellness
 - Technology like computers and phones
 - Legal and financial services
 - Home goods
 - Travel, hotels, and rental cars
 - Tickets and entertainment
 - Car buying and auto services
 - Apparel
 - And more
- Access today at cuanschutz.care.com!



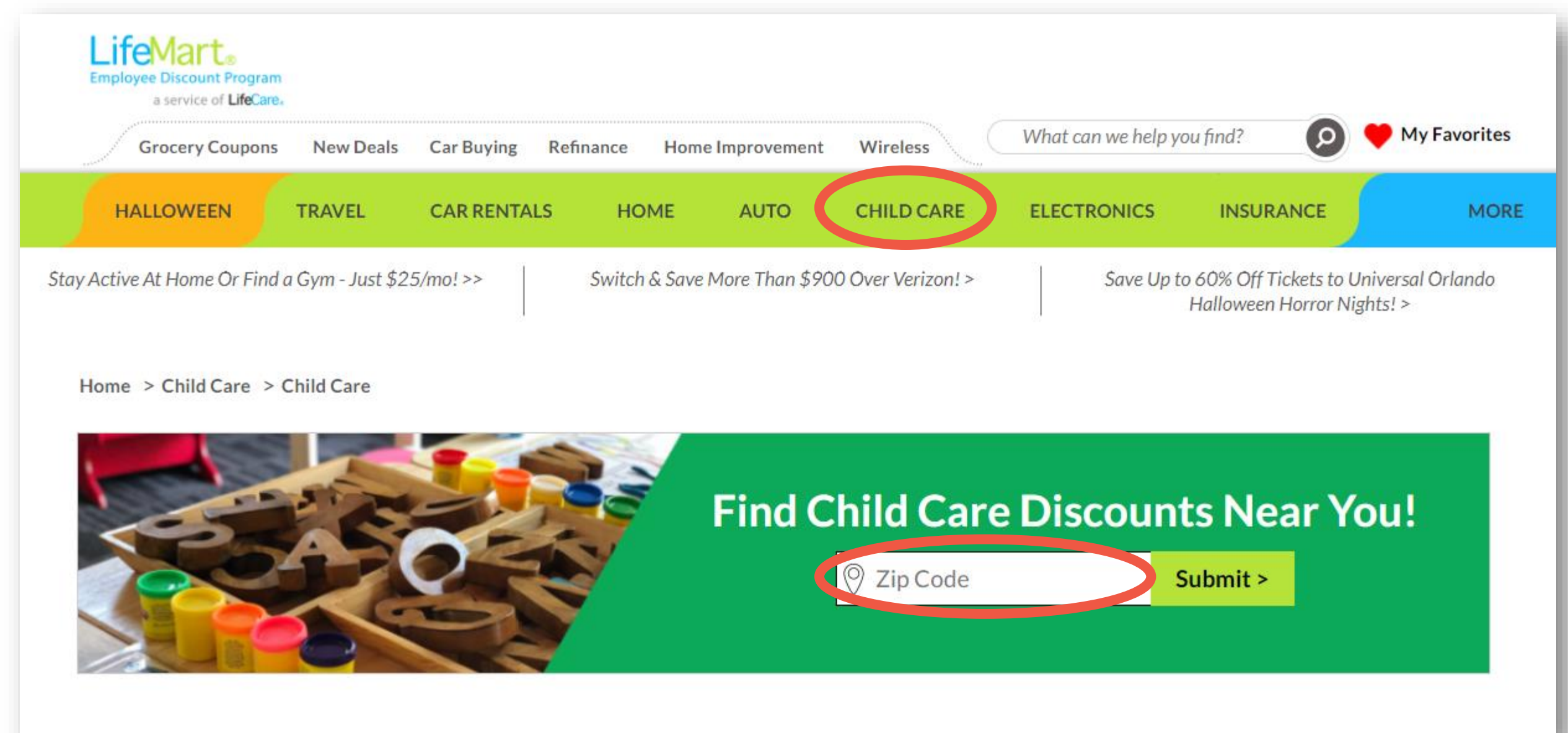
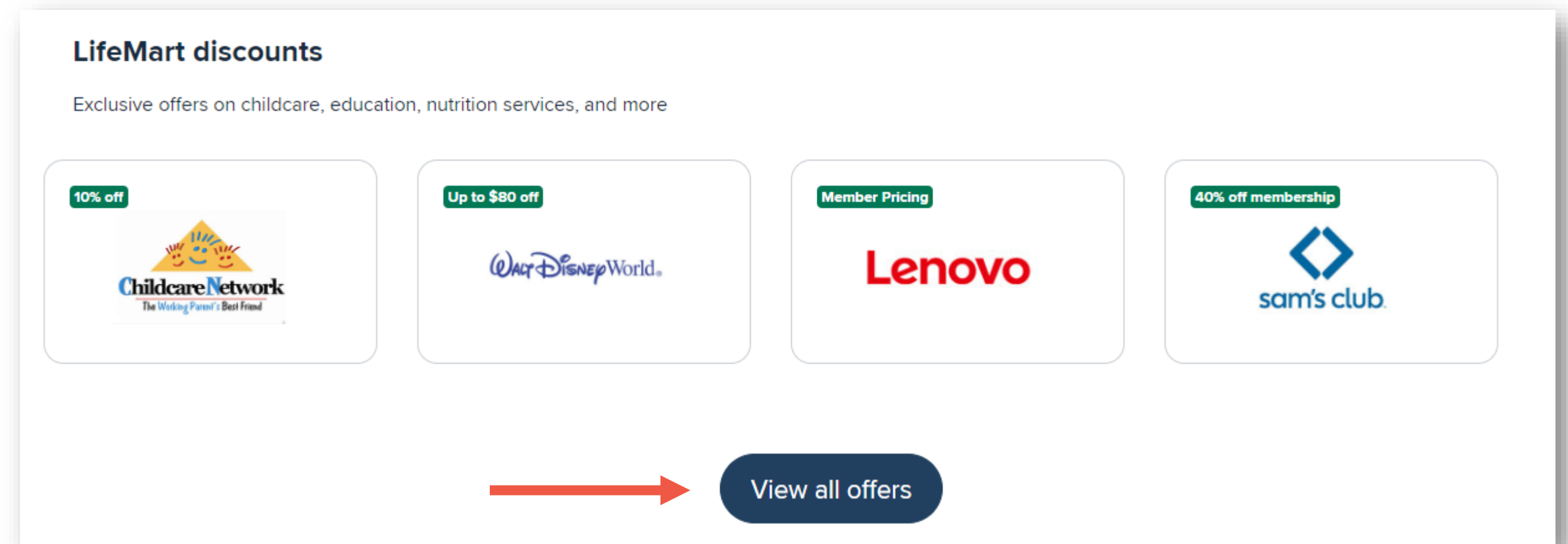
LifeMart – Accessing Tuition Discounts

1

To access Tuition Discounts through LifeMart log into your account via cuanschutz.care.com, scroll to the bottom of the page, and click ‘view all offers.’

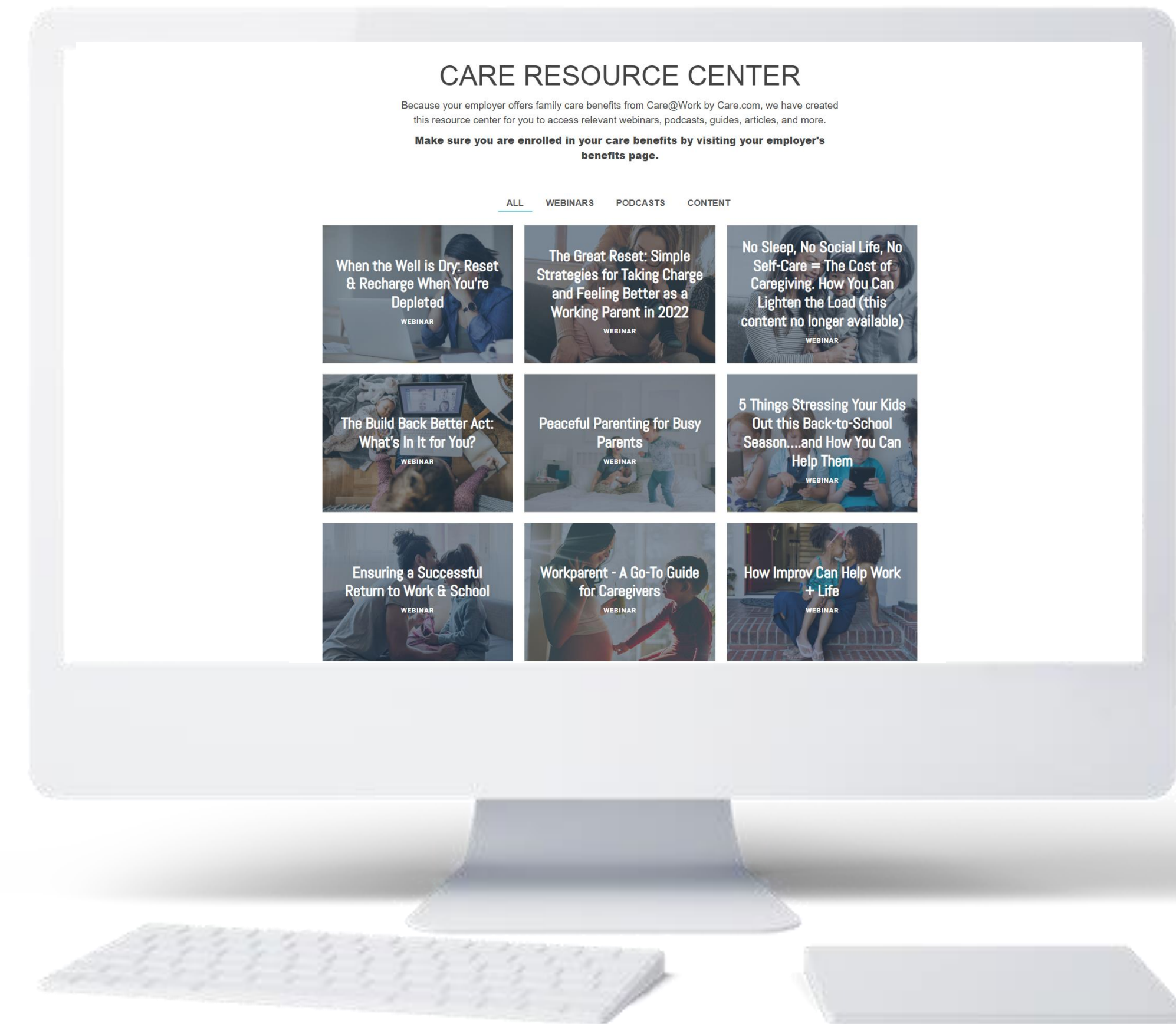
2

Then click on Child Care and input your zip code to see what child care centers are offering tuition discounts in your area.

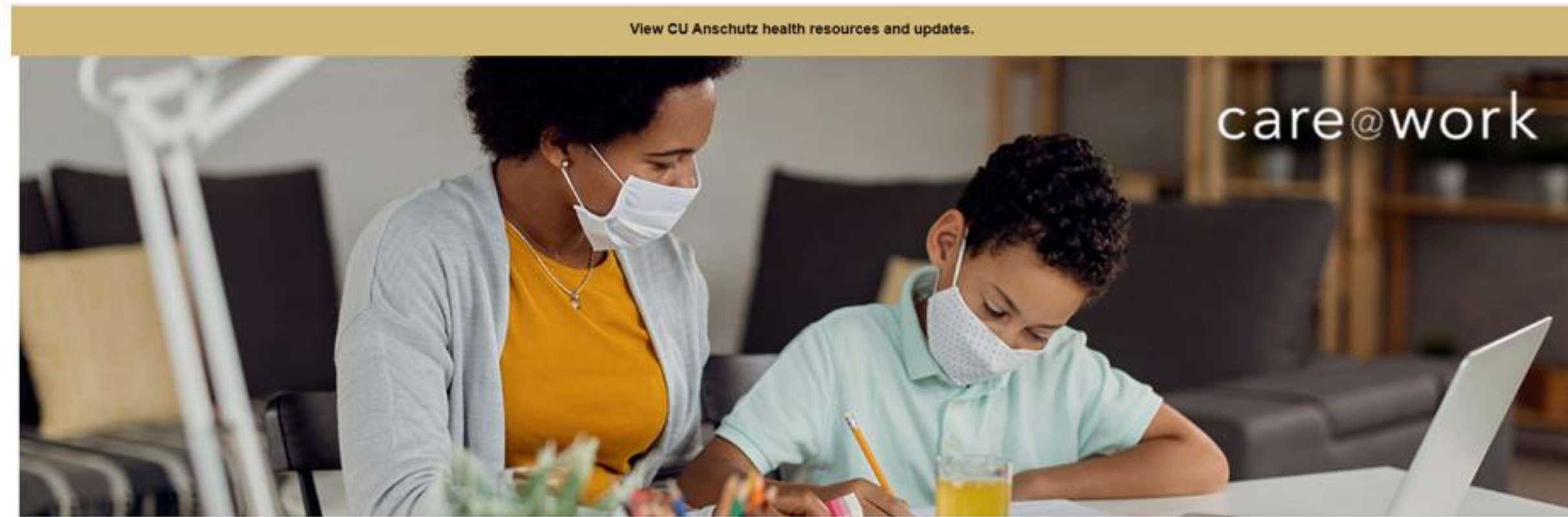


Additional Resources

- Monthly expert webinars
- [Equal Parts Podcast](#) featuring:
 - NYT Best Selling Authors
 - Childcare experts
 - Sleep specialists
 - Psychologists
 - Economists
 - And more!
- [Care Resource Center](#): All webinar recordings and podcast episode are featured on the Employee Resource Center



Additional Information



View CU Anschutz health resources and updates.

Human Resources > Child Care and Elder Care Resources > AnschutzCareGivers

Care@Work by Care.com Extended for 2022-23

Finding the right care for your family can be hard, and COVID-19 has created new challenges for all of us. At the CU Anschutz Medical Campus, we are committed to helping you navigate this difficult time.

Through Care@Work by Care.com, CU Anschutz now provides all faculty and staff with a family care program to help you balance professional demands while caring for your loved ones at home.

Membership + Backup Care

Eligibility:

- Full-Time CU Anschutz Faculty (equal or greater than 50% FTE)
- Full-Time CU Anschutz University Staff (equal or greater than 50% FTE)
- Full-Time CU Anschutz Classified Staff (equal or greater than 50% FTE)
- Full-Time Consolidated (CSA/ASA) Employees (equal or greater than 50% FTE)
- Residents
- Postdocs

Benefits:

- [Care.com Membership](#)
- [Backup Care](#)
- [LifeCare Discounts](#)
- [Care.com Pet Care](#)
- [Tuition Discounts](#)
- [Overview Webinar, Oct. 25, 2022](#)
 - [Register for the webinar](#)

Log In or Enroll Here

<https://cuanschutz.edu/caregivers>

Additional Information

Care.com Membership

Backup Care

More Information

How to Access Your Benefit

1

cuanschutz.care.com

Enroll on desktop or mobile web. **Note:** You'll need your employee ID

2

Download the Care.com App

Book care from anywhere!



3

Call 855-781-1303

Want to talk to someone on our team? Give us a call, we're here for you 24/7

Thank you

Reminder: Additional Care.com program information can be found at cuanschutz.edu/caregivers

 Care.com® + LifeCare.

