



Your Family Care Benefits



Your Benefits Include:

Care.com Membership

Access to the largest online community for care for children, adults, pets, tutoring, housekeeping and more

Child Backup Care

Subsidized and vetted care for children when your regular care is not available

Adult Backup Care

Subsidized and vetted care for adults when your regular care is not available

LifeMart

Online platform providing offers and discounts on products and services nationwide.

Backup Care Details:

- 10 days per year
- \$6/hr for in-home Backup Care
- \$20/child/day for in-center Backup Care

For additional information or to enroll, go to:

cuanschutz.edu/caregivers

Email for additional support:

hr.familysupportprogram@cuanschutz.edu

Care.com Membership

*Enjoy all the privileges that come with the
Premium Care.com Membership*

- Free! Enroll at cuanschutz.edu/caregivers
- Find help for regular and planned care needs for children, adults, pets, tutoring, distance learning, housekeeping and more
- Detailed profiles including experience, availability, reviews and ratings
- Background check options available
- 24/7 access via desktop, mobile web and Care.com App



Backup Care

Subsidized, vetted care for children, adults when regular care isn't available.

- Request care at client cuanschutz.care.com or call **855-781-1303**
- In-home or in-center childcare options,
- In-home backup care for adults can be used for your adult loved ones or yourself
- Personalized, needs-based matching from caregivers and centers in the Care.com Backup Care network.
- Plan ahead! Schedule care when you know your regular care will not be available

**10 days of Backup Care per year
\$20/child/day for In-center Backup Care**



Adult Backup Care

Subsidized, vetted care for adults when it's needed most.

- Access via cuanschutz.care.com, or call [855.781.1303](tel:855.781.1303)
- Help to alleviate stress and missed work with in-home adult care.
- Caregivers can provide transportation to and from appointments, errands, and other locations
- Available for yourself, parents, grandparents, spouse family members and other adult loved ones across the United States
- Caregivers may be certified nurse's aides, home health aides, or experienced elder care companions

**10 days of Backup Care per year
\$6/hour for In-home Backup Care**



LifeMart

Online platform providing offers and discounts on products and services nationwide.

Save money on everyday expenses like:

- Childcare centers
- Senior care products and services
- Groceries and restaurants
- Pet care
- Gym, fitness, and wellness
- Technology like computers and phones
- Legal and financial services
- Home goods
- Travel, hotels, and rental cars
- Tickets and entertainment
- Car buying and auto services
- Apparel
- And more!

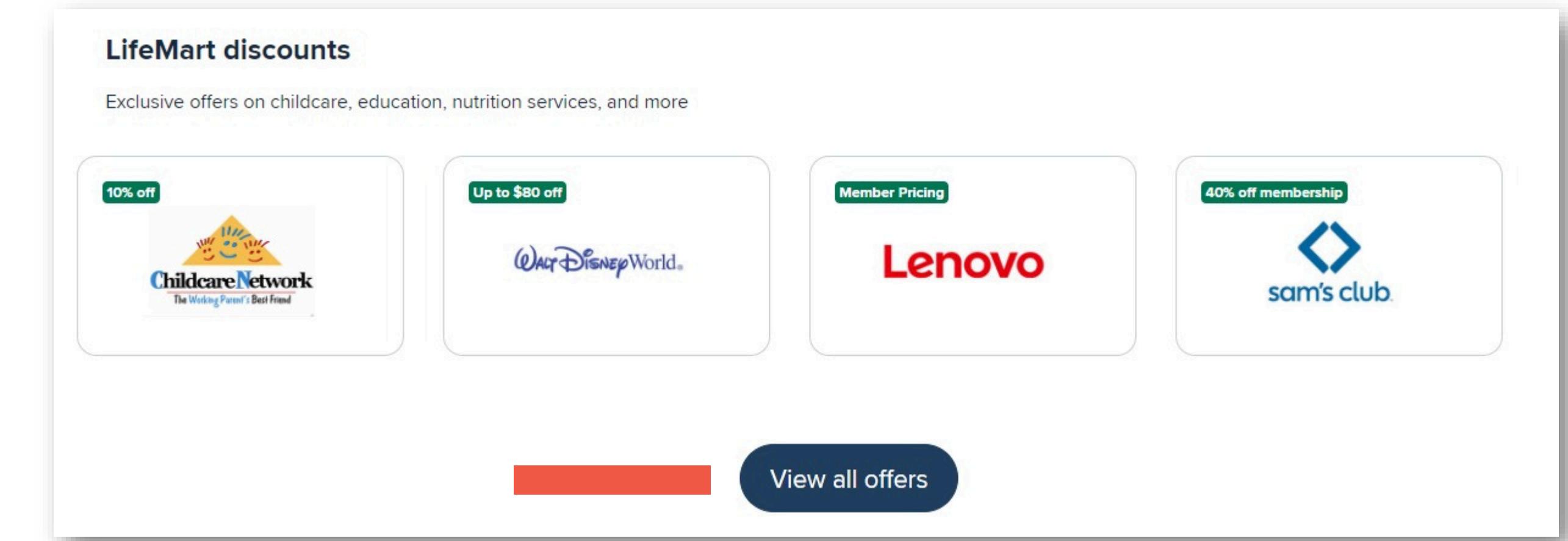
Access today at: cuanschutz.care.com



LifeMart: Accessing Tuition Discounts

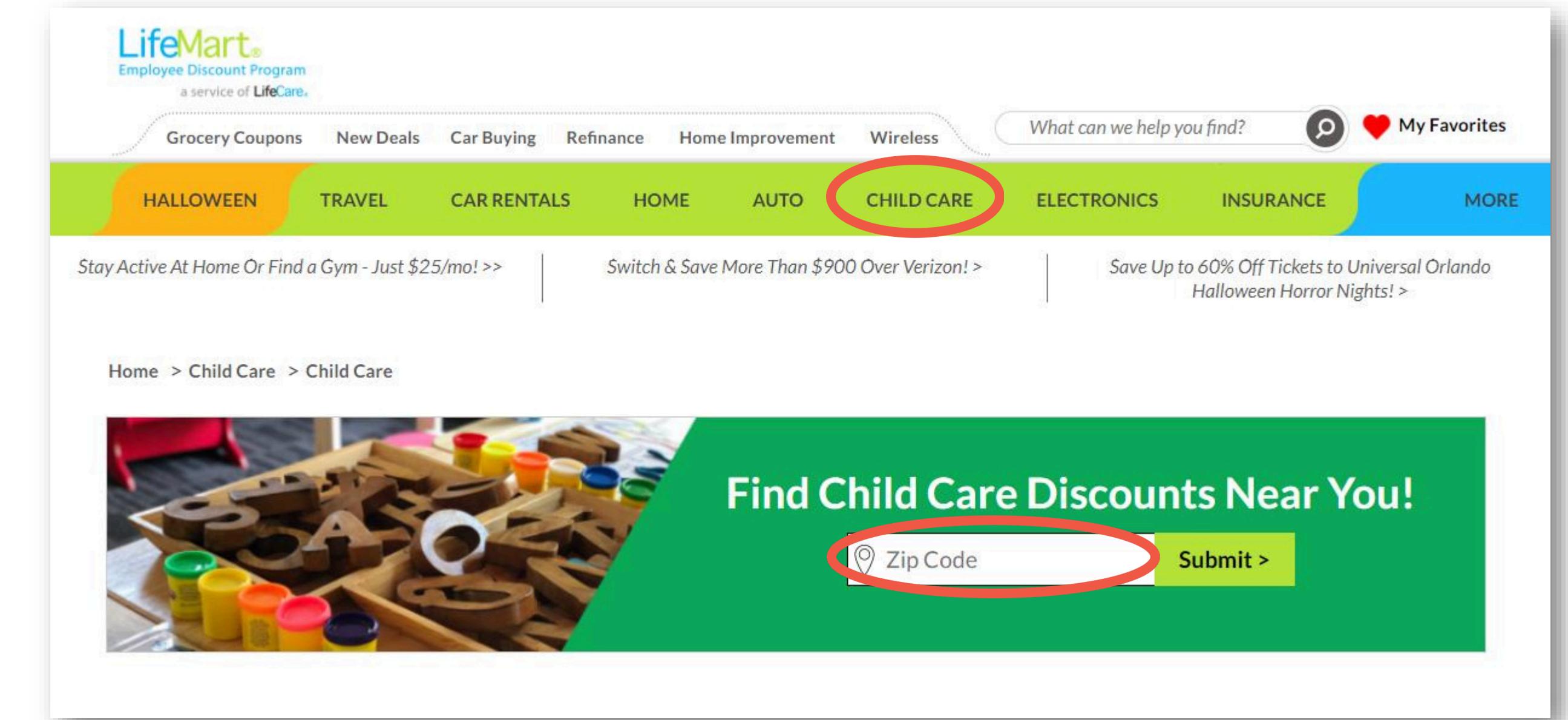
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To access Tuition Discounts through LifeMart, log into your account via cuanschutz.care.com and scroll to the bottom of the page and click “View All Offers.”



2

Then click on the Child Care tab and input your zip code to see which childcare centers are offering tuition discounts in your area.



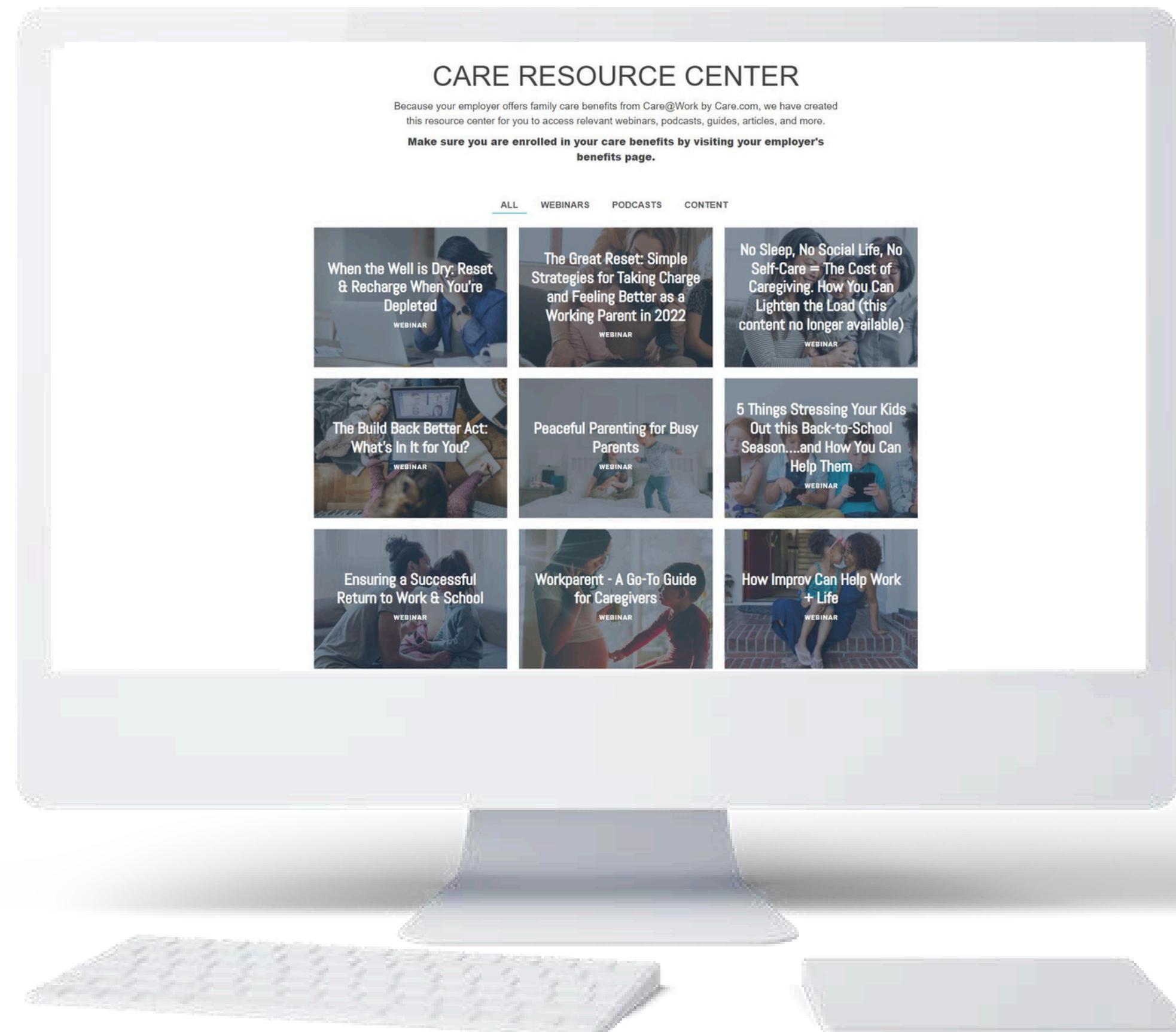
Additional Resources

Monthly expert webinars

Equal Parts Podcast featuring:

- NYT Best Selling Authors
- Childcare experts
- Sleep specialists
- Psychologists
- Economists
- And more!

[Care Resource Center](#): All webinar recordings and podcast episode are featured on the Employee Resource Center



How to Access Your Benefit

cuanschutz.care.com

Enroll on desktop or mobile web. **Note:** You'll need your employee ID

Download the Care.com App
Book care from anywhere!



Call 855-781-1303

Want to talk to someone on our team? Give us a call, we're here for you 24/7

Thank You

Reminder: Additional Care.com program information can be found at

cuanschutz.edu/caregivers

 Care.com® + LifeCare.

